



OFFICIAL MAGAZINE OF THE  
QATAR OLYMPIC COMMITTEE

# SPECIAL EDITION









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The Qatari sports movement made history and broke new ground of achievements at the last summer Tokyo 2020 Olympics.

Our champions, Faris Ibrahim and Mutaz Barshim, won two gold medals - the first-ever gold medals for the country, and our beach volleyball team clinched the first-ever Arab's Olympic bronze in a team sport on the same track of glory.

With the three medal-haul, Team Qatar got the job done in Tokyo to secure our best-ever participation in the Olympics and helped our country to emerge first among the Arab nations and 41st in the overall standings. It was an amazing huge jump that highlights the consistent development of Qatar's sports movement.

Qatar's champion, Abdulrahman Abdulgader stepped up to the podium with his bronze-medal finish in the F34 Shot Put of the Tokyo 2020 Paralympic Games on the same victorious track.

It's a remarkable achievement for us and this champion, who had previously won the silver medal at the Rio 2016 Paralympic Games.

Without any doubt, these fantastic results accomplished at both the Tokyo 2020 Olympics Games and the Tokyo 2020 Paralympic Games were the outcomes of the unlimited support given to the sports sector by HH the Amir Sheikh Tamim bin Hamad Al Thani, the efforts made by former QOC's leaders and the hard work of the sports federations.

I would also like to acknowledge the outstanding achievement of our national volleyball team, who booked Qatar's first-ever spot in the World Championship to be held in Russia in 2022. The qualification came in the wake of Team Qatar's good results in the various competitions, which helped our country climb to 20<sup>th</sup> place in the FIVB world ranking last September.

Our mission at the 2020 Olympic Games is over, and the QOC has started executing the strategy of preparing the national teams for the 2030 Asian Games in Doha.

The QOC aims to prepare an integrated plan to help the national teams and athletes get better results in the 2030 Asian Games by setting this strategy. Qatar is moving forward with steady and progressive strides. It is also intensifying its technical and managerial preparations to host the FIFA World Cup Qatar 2022.

As the countdown of the Football Mundial gets underway, Al Thumama Stadium, Stadium 974 (Ras Abu Aboud) and the Lusail Stadium were inaugurated, thereby completing the eight venues of the 2022 FIFA World Cup.

The inaugurations again confirm Qatar's readiness to host an exceptional FIFA Mondial for the first-ever time in the Middle East.

**Joaan bin Hamad Al Thani**  
President Qatar Olympic Committee





At the beginning of the meeting, HH the Amir congratulated Qatar Olympic team champions and the administrative and technical bodies on the results achieved by Qatar's heroes at the Olympics. He stressed the need to not rest on their oars but to continue to strive and aspire for more achievements and honours in the future.

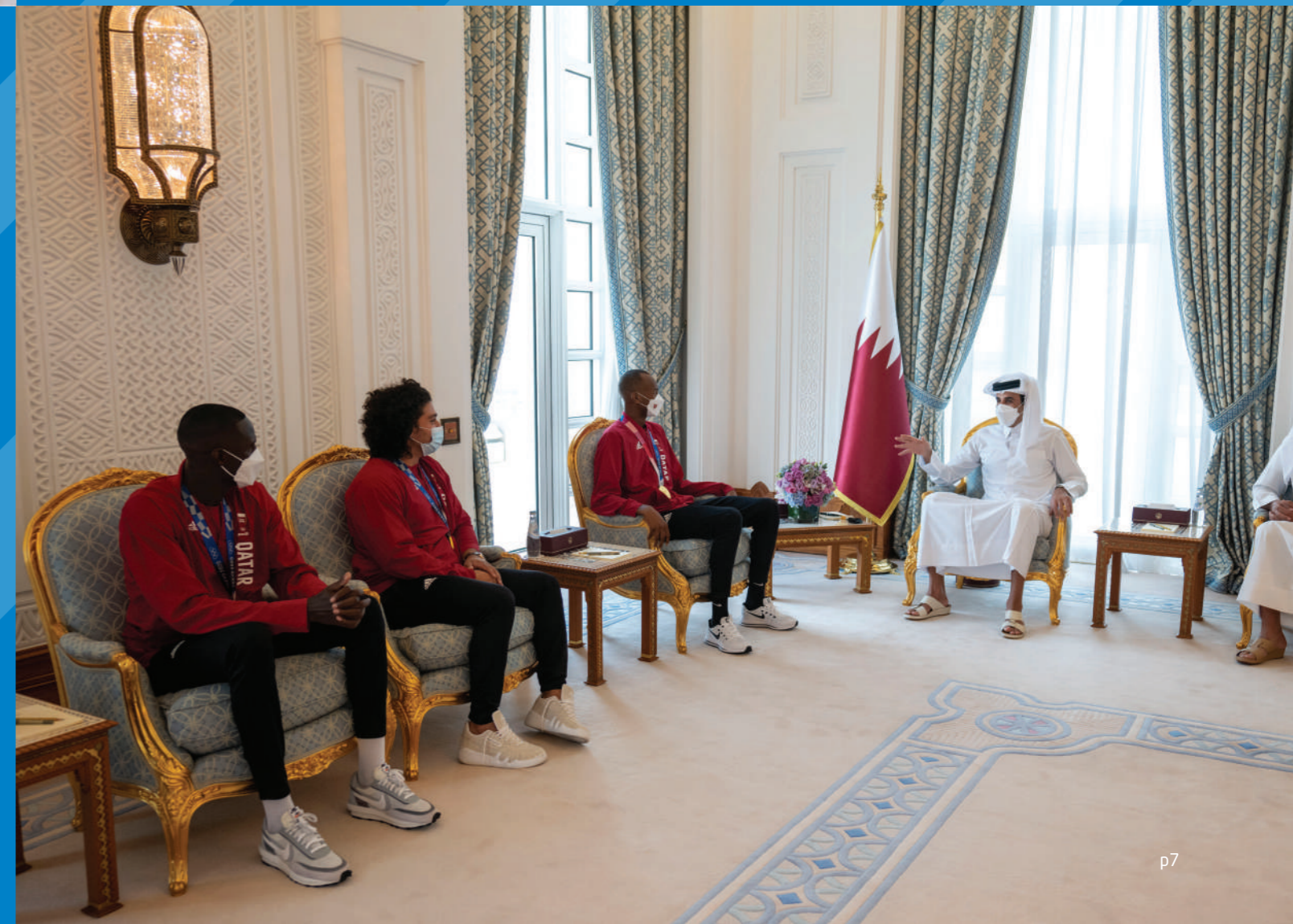
HH the Amir also granted Olympic champion Mutaz Barshim the Al Wajbah Decoration in recognition of his historic achievement by winning three consecutive medals in his Olympic participation and his distinguished representation of Qatari sport.

For their part, the Team Qatar champions thanked HH the Amir for the special care and full support that he accords the Qatari athletes. They said they considered the honor given to the Olympic champion Mutaz Barshim as an honour for all the athletes in Qatar and affirmed their keenness to achieve more achievements in the future and raise the country's flag in international sports forums.



## HH the Amir meets Team Qatar champions at Tokyo 2020 Olympics

HH the Amir Sheikh Tamim bin Hamad Al-Thani met with Team Qatar Olympic delegation, which claimed two gold medals in the high jump and weightlifting and a bronze medal in beach volleyball at Tokyo 2020 Olympics at the Amiri Diwan.







## HH the Amir grants Al Wajbah Decoration to Paralympics hero Abdulrahman Abdulqader

HH the Amir Sheikh Tamim bin Hamad Al Thani granted Abdulrahman Abdulqader the Al Wajbah Decoration in recognition of his achievement of winning the bronze medal at the men's shot put event at the Tokyo 2020 Paralympic Games.

HH the Amir congratulated the athlete and members of the Paralympic mission of Team Qatar on the results they achieved during their participation at the Tokyo 2020 Paralympic Games, wishing them more achievements in the future.

During a meeting with HH at the Amiri Diwan, the members of Team Qatar expressed their gratitude to HH the Amir for his care and support for sports in Qatar. They also affirmed their keenness to work towards achieving more glory in international sports championships. The meeting was attended by HE President of the Qatar Olympic Committee (QOC) Sheikh Joaan bin Hamad Al Thani.







## Olympic heroes return home to a rousing welcome

**HH Sheikh Jassim bin Hamad Al Thani, the Personal Representative of HH the Amir, led well-wishers to welcome Team Qatar Olympic delegation to the Tokyo 2020 Olympics on their arrival at the Doha International Airport.**

Team Qatar delegation, headed by HE President of Qatar Olympic Committee Sheikh Joaan bin Hamad Al Thani, claimed two gold medals in high jump and weightlifting and a bronze medal in beach volleyball at Summer Games in Tokyo.

The Personal Representative of the Amir congratulated Qatar's champions on the great accomplishment, praising the outstanding performance and high sportsmanship by Team Qatar in the Olympics, and wishing them the best of luck in the coming international tournaments.

A number of their excellencies Ministers, senior officials and media were present to welcome the Qatari Olympic delegation.





# Qatar leads Arab standings at Tokyo 2020 Olympics with two gold medals

## Team Qatar made new Olympic history

A new chapter was written in the history of Qatari sports when Team Qatar athletes claimed three medals at the 2020 Olympics to lead the Arab standings at the Games with its 41<sup>st</sup> place in the overall standings with two gold and one bronze medals.

Qatar weightlifter Fares Ibrahim made history by winning the country's first Olympic gold medal in weightlifting.

The 23-year-old Ibrahim won the gold medal in the 96kg category, lifting a total weight of 402kg.

He also set an Olympic record in Clean & Jerk on his way to the gold, lifting 225kg. In snatch, he lifted 177kg.





**Qatar's high jumper Mutaz Essa Barshim won the country's second gold medal at Tokyo 2020 Olympic Games with an effort of 2.37M.**

The two-time world champion shared the top spot with Italy's Gianmarco Tamberi after the duo decided not to go for a tie-breaking jump-off.

After his bronze medal at the London 2012 Olympics, which later converted to Silver, and the silver medal of the Rio 2016 Olympics, Barshim has finally added the Olympic gold medal to his haul.



**Cherif Younousse and Ahmed Tijan claimed the bronze medal of Men's Beach Volleyball Event after beating Latvia's Martins Plavins and Edgars Tocs 2-0.**

This was Qatar's first-ever Olympic medal in beach volleyball and the first Arab medal in team sports.

HH the Amir Sheikh Tamim bin Hamad Al Thani also congratulated team Qatar in a tweet. "I am pleased with the historical achievements of our Team winning two gold medals and a bronze. I congratulate our Team and our Olympic Committee for these honourable results in their participation in the Tokyo Olympics 2020," HH the Amir said.

HE QOC President Sheikh Joaan bin Hamad Al Thani expressed satisfaction with the medals accomplished as Qatar led the Arab standings at Tokyo 2020 Olympics.

HE QOC President affirmed that the outstanding results achieved in the Olympics are the fruit of the unlimited support to the sports sector by HH the Amir Sheikh Tamim bin Hamad Al-Thani, and the great efforts made by the sports federations.

H.E. Sheikh Joaan bin Hamad Al-Thani extended his appreciation to all Team Qatar athletes for their outstanding efforts to do us proud, wishing them success in future participations and more achievements that reflect the level of development of the Qatari sport and its prominent presence at all levels







## Team Qatar champions are ready for upcoming events

The Paralympic bronze medal raised the bar for our champions

**The bronze medal of Team Qatar champion Abdulrahman Abdulqader at the Tokyo 2020 Paralympics has further raised the bar of accomplishment for all Qatari athletes in future events.**

HH the Amir Sheikh Tamim bin Hamad Al-Thani granted the hero the Al Wajbah Decoration in recognition of his achievement of winning the bronze medal at the men's shot-put event of the Paralympic Games in Tokyo.

HH the Amir congratulated the hero and members of the Paralympic mission of Team Qatar on the results they achieved during their participation at the Tokyo Games, wishing them more achievements in the future.

Team Qatar para-athletes will participate in some important events next year, including the 2022 Asian West Asian Para Games to be staged in February and March and the 2022 Asian Para Games in Hangzhou, China, from September 10-25, 2022.

In Rio 2016 Paralympics, Abdulqader won Qatar's first-ever Paralympic medal when he claimed the silver medal of the same event with a 11.15M throw.

Team Qatar star Sara Masoud concludes her participation in the Tokyo 2020 Paralympics with a season-best of 5.42m to take sixth place in the women's F33 shot put event.

Masoud is the first-ever woman to win a Paralympic Games medal in the history of Qatar when she claimed the F33 Shot Put silver in the Rio 2016 Paralympic Games.

She also took the silver medal of the 2017 Para Athletics World Championships in London. Furthermore, Masoud claimed the gold medals of javelin throw and discus throw events at the 2014 Asian Games and the silver medal of the 2018 Asian Games.



# Sheikh Joaan: Tokyo Olympics achievement is a new beginning for Qatari sport

**HE President of the Qatar Olympic Committee (QOC) Sheikh Joaan bin Hamad Al Thani has stressed that Qatar's historic achievement in the 32nd Summer Olympic Games, Tokyo 2020, and winning two gold and one bronze medals were results of the great support of HH the Amir Sheikh Tamim bin Hamad Al Thani to Qatari sports.**

In an interview with the local media, HE Sheikh Joaan bin Hamad Al-Thani said that a total of 15 athletes proudly represented Qatar in seven sports at the Olympic Games Tokyo, including athletics, weightlifting, beach volleyball, judo, swimming, shooting and rowing.

He also confirmed that Qatar's campaign at Tokyo 2020 Olympics was successful as Qatar claimed two gold medals for the very first time when Fares Ibrahim won a gold medal in weightlifting (96kg category), and Mutaz Barshim took the high jump gold medal. Qatar's beach volleyball duo also clinched the bronze medal - the first Arab medal in team events in Olympics history.

Qatar also led the standings for Arab nations at Tokyo 2020 and secured 41st place in the overall standings of the Games.



He pointed out that the goal of Qatar's participation in Tokyo was not limited to winning medals but also included developing the skills of our good champions and building a new generation of Qatari athletes and teams.

Sheikh Joaan confirmed that after the Rio 2016 Olympic Games, the QOC began evaluating Qatar's participation in the Games, and it developed the QOC's strategic plan for 2017-2022, which is based on three main pillars including, increasing community participation in sport, reviving the Olympic values and ensuring sporting excellence at both local and international levels.

He also lauded the efforts of the QOC secretariat-general in implementing the plans and programmes, as well as the contributions of Team Qatar's administrative delegation during the Games, who left no stone unturned to provide our athletes with an ideal environment.

The QOC President hailed the results of the Qatari athletes at this edition of the games where Qatar achieved its goal with Fares Ibrahim claiming the weightlifting gold medal, which was followed by Mutaz Barshim's gold medal in the high jump.

Qatar had won five medals (one silver medal and four bronze medals) during the previous editions.

After the gold medals feat, Qatar turned its attention to the beach volleyball team of Cherif Younousse and Ahmed Tijan, who were clear favourites for an Olympic medal, especially after topping the world ranking. The Qatari duo didn't let their nation down and took the bronze medal, which was, in fact, the first Arab medal in team events.

Sheikh Joaan reaffirmed that the three medals won by Qatar in Tokyo would be a new starting point for the Qatari sports movement, stressing that Qatar has some promising talents and staff in more than one sport, and the QOC is sparing no effort to work cooperatively with the sports federations and Aspire Academy to develop the skills of talented age groups to reach similar levels of Mutaz and Fares.

He added that the QOC had turned the Tokyo page, and it has started evaluating Qatar's administrative and managerial participation in the Games in its quest to help secure more success and bring more remarkable achievement to Team Qatar.

As usual, after any participation in multi-sport games, the QOC assesses the level of participation from all perspectives to enhance the positives further and correct any negatives (if found), as everyone is working hard together to achieve the QOC's message and vision as per its strategy.





He extended his thanks to HE Shaikh Joaan, who chose Barahat Msheireb as the home of the Sport Village that hosted the activities of the QOC.

For his part, President of the Qatar Swimming Federation, Khalil Al Jaber, affirmed that the NSD is a special event that everyone awaits in the second week of February every year. He noted that physical activity and exercise should not, however, be limited to one day during the year, but rather it should be a lifestyle.

President of the Qatar Basketball Federation, Ahmed Al Muftah, said that the NSD is a very special day and an invitation for all to play sports.

The President of the Qatari and Arab Federations and the First Vice-President of the Asian and International Table Tennis Federations, Khalil Al Mohannadi also praised the QOC for holding its activities in Msheireb, which is one of the important tourist destinations in Doha.

He said that the culture of sports has been strengthened and changed considering the number of participants who came out to engage in different sporting activities which were undoubtedly due to the great decision of the wise leadership of the country.





# Team Qatar qualify for 2022 FIVB Volleyball Men's World Championship



Qatar's Men national volleyball team booked a place in the 2022 FIVB World Championship to be held from August 26 to September 11 in Russia. Team Qatar secured one of the 12 automatic spots allocated for teams based on their world ranking to complete the number of the 24 teams qualified for the world cup.

FIVB announced that team Qatar garnered 166 points and moved up to the 20<sup>th</sup> position in its September's world ranking. This new ranking helped team Qatar secure one of the 12 automatic spots allocated to the teams based on their world ranking.

Team Qatar attained the ranking following their impressive run and outstanding results achieved over the last four years. They won the 6th edition of the Asia Elite Cup Volleyball in Chinese Taipei and finished fourth in Jakarta Palembang in 2018 in addition to their fantastic results in the Asian Qualifications for Tokyo 2020 Olympics before the COVID-19 outbreak.

Team Qatar occupied third, behind tenth place Iran with 258 points and Japan - 11<sup>th</sup> place with 252 points, in the Asian teams' list in the FIVB world ranking.

Most notably, team Qatar is also third at the Arab level, behind Tunisia, who are 14<sup>th</sup> in the world ranking with 189 points and Egypt, the 19<sup>th</sup> with 167 points.

The President of the Qatar Volleyball Association (QVA) and the Vice-President of the Asian Volleyball Confederation, Mr. Ali bin Ghanim Al Kuwari said that the QVA would spare no effort to prepare a Qatar national team that would make headlines at the World Cup. He confirmed that an integrated preparation program, which contains training sessions and friendly matches, has been put in place for the national team to help them improve their skills and experience. Qatar, Tunisia and Egypt are the Arab teams participating in the tournament.

"Team Qatar fought tooth and nail, got the spoils and qualified for the first-ever time in the history of the World Cup. The team moved up in the FIVB's team rankings and kept the dream alive for a better place in the World Cup," Kuwari said.







## Qatar claim silver and gold at Arab Triathlon Championship

Qatar's national triathlon team returned to Doha, having taken the spotlight at the 7<sup>th</sup> Arab Triathlon Championship in Sharm El-Sheikh, Egypt.

The team won gold and silver medals in the championship, which witnessed the participation of around four hundred athletes and included swimming, cycling, and running competitions.

Team Qatar was represented by Abdullah Shaheen Al Kaabi, Fahad Ahmed Al Mohammed, and Abdul Aziz Al Jaber, led by coach Mohsen Erhaili.

Fahad Ahmed Al Mohammed starred in the Arab (30-34) age group and was crowned with a well-deserved gold medal after winning first place in the competition, achieving a record time of 1:18:13.

In the Arab (35-39) age group competitions, Abdullah Shaheen Al Kaabi won the silver medal after fantastic swimming, cycling, and running rounds. Kuwaiti Abdullah Al Rifai won the gold medal.

## Team Qatar wins 6 medals in Arab Shooting Championship

The Qatari shooting team claimed six medals at the 15<sup>th</sup> Arab Shooting Championship, which involved more than 300 shooters from 15 nations, in Egypt from June 1-12.

On the opening day, Reem Al Sharshani clinched the gold medal of the Women's skeet event while Aisha Al Suwaidi clinched 10m Air Rifle gold.

Rashid Saleh Al Athba and Reem Al Sharshani also attained victory in the mixed skeet event.

Rashid Saleh Al Athba, Masoud Saleh Al Athba and Ali Al Ishaq won the bronze medal in the men's team skeet event. Al Athba also won a silver medal in the men skeet event.

Qatar's trap team of Saeed Abu Share, Nasser Al-Hamidi and Rashid al-Athba won the bronze medal.





# Team Qatar wins five medals in Asian Taekwondo Championship

Qatar's taekwondo team showed an impressive performance to win five medals in the 24<sup>th</sup> edition of the Asian Taekwondo Championship 2021, an event held from June 14-18 in Beirut, Lebanon.

The competition brought together 334 athletes (Men & Women) from 17 countries.

Qatar's Mansoor Abdul Salam won the silver medal in the Men's singles category under 50 years. His teammate Othman Abdel Ghafour Bouleras clinched the bronze in the Men's singles category under 40 years while Huda Ali Akbar won the bronze in the women's singles category under 40 years.



The duo of Huda Ali Akbar and Othman Abdel Ghafour Bouleras clinched the bronze in the mixed doubles category over 30-years-old.

In a similar vein, Qatar's Maram Al Fantasy won the bronze medal in the women's 67kg, and her teammate Ali Jumaa Al Araiimi clinched fifth place in the Men's singles under 80kg category.

# Qatar's Amal wins gold and bronze in Asian Airgun Championships

Talented Qatari shooter Amal Muhammad won the gold medal in the 10m rifle event of the 14th Asian Airgun Championships held in September 2021 in Shymkent, Kazakhstan.

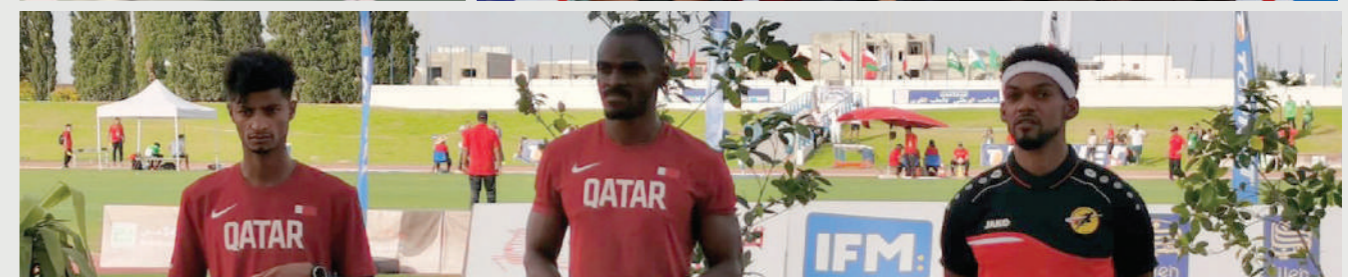
Amal also spared no effort to clinch the bronze medal in the 10M running target mixed of the event that brought together over 150 shooters from many Asian countries.

# Team Qatar athletes win seven medals at Arab Championships

Qatar's athletics team won seven medals, including two gold, four silver and one bronze, at the 2021 Arab Athletics Championships, which was held in Tunisia for four days with the participation of 20 countries.

Qatar's Femi Ogunode won the gold medal in the 100m, clocking 10.19 secs. He added another gold medal in the men's 200m with a time of 20.59 secs. Tosin Ogunode clinched the silver medal of 100m after clocking 10.41sc.

Qatar's Ashraf Al Saifi clinched the silver medal, clearing a distance of 71.30m in the hammer throw, while Yasser Salem Baghrab won the bronze medal of 3,000m steeplechase event. These results helped Qatar to occupy seventh place in the standings.





# Sheikh Joaan honours Qatar's national table tennis and swimming teams

HE President of the Qatar Olympic Committee (QOC) Sheikh Joaan bin Hamad Al-Thani honoured Qatar's national swimming and table tennis teams in recognition of their outstanding results at the 2021 Arab Table Tennis Championships concluded recently in Jordan and the 28<sup>th</sup> GCC Aquatics Championships held in Doha.

HE QOC Second Vice President Dr. Thani bin Abdulrahman Al-Kuwari, H.E. QOC Secretary General Jassim bin Rashid Al Buenain, President of the Qatar Table Tennis Association Khaleel Al Mohannadi, President of the Qatar Swimming Association Khaleel Al Jabir, Board Members of the two federations and Directors of QOC Departments attended the honouring ceremony.

H.E. Sheikh Joaan bin Hamad Al-Thani congratulated the two teams on their achievements, lauding efforts made by the presidents, members of the administrative and technical bodies and all the players of the two federations. He also reaffirmed that QOC is keen to support the national sports federations to achieve more in the forthcoming events.



Qatar's table tennis team claimed second place at the 2021 Arab Championship held in Jordan with 19 medals, including four gold in both singles and doubles events. Qatar's swimming team, meanwhile, won the youth and age group title events at the 28<sup>th</sup> GCC Aquatics Championships in Doha. Team Qatar swimmers claimed 52 medals, including 30 gold, 15 silver and 7 bronze. Qatar also took second place in the open age group event with ten medals, including three gold, six silver and one bronze.





## Team Qatar Paralympic champions return home to a warm welcome

**Team Qatar Paralympic champions returned home to a warm welcome after participating in Tokyo 2020 Paralympics, which featured 4400 athletes from 160 nations.**

Qatar's Abdulrahman Abdulqader claimed the bronze of men's F34 shot put event with a season's best of 11.36M.

The Qatari delegation was received at the Hamad International Airport by the QOC Secretary-General HE Jassim bin Rashid Al-Buenain and the Qatar Paralympic Committee board members.

HE QOC Secretary-General praised Abdulrahman Abdulqader's amazing achievement in Tokyo and said that this is the second Paralympic medal of the Qatari star after his first-ever medal in the 2016 Rio Paralympic Games.

"Abdulqader had fought tooth and nail in 2020 Tokyo Paralympic Games to dedicate this glorious bronze medal to our nation," he added.

Al-Buenain also appreciated the efforts of the Qatar Paralympic Committee under the presidency of Sheikh Abdulrahman bin Saud Al Thani which made this achievement possible.

After this glorious victory, Abdulqader dedicated this bronze medal to HH the Amir Sheikh Tamim Bin Hamad Al-Thani and to the Qatari people. He also said that he is over the moon and very proud after clinching his second medal in the Paralympic Games.

Abdulrahman Abdulqader emerged third in the men's F34 shot put event behind Jordan's Ahmad Hindi, who took the gold medal with a new world record of 12.25M, and Morocco's Azeddine Nouri clinched the silver medal with an effort of 11.55M. In Rio 2016 Paralympics, Abdulqader won Qatar's first-ever Paralympic medal when he claimed the silver medal of the same event with a 11.15M throw.



Team Qatar star Sara Masoud concluded her participation in the Tokyo 2020 Paralympics with a season-best of 5.42m to take sixth place in the women's F33 shot put event.

Masoud is the first-ever woman to win a Paralympic Games medal in the history of Qatar when she won the F33 Shot Put silver in the Rio 2016 Paralympic Games.





## QOC holds a workshop to prepare Team Qatar 2030 plan with sports clubs

**HE President of the Qatar Olympic Committee (QOC) Sheikh Joaan bin Hamad Al-Thani held a workshop with presidents and executive directors of sports clubs to discuss Qatar's strategy to prepare national teams for the Doha 2030 Asian Games.**

The workshop was attended by HE Minister of Culture and Sports Salah bin Ghanem Al-Ali, H.E. QOC Secretary-General Jassim bin Rashid Al-Buainain and Directors of QOC Departments.

During the workshop, H.E. Sheikh Joaan bin Hamad Al-Thani encouraged the sports clubs to prepare the Qatari national teams for Doha 2030 Asian Games to secure the best possible results during the games in line with Qatar's sports renaissance and the unlimited support for our wise leadership.

The QOC President lauded the huge efforts of sports clubs and their contribution to developing Team Qatar athletes and helping



them accomplish more achievements, including the historic achievements in the Tokyo 2020 Olympics when Qatar claimed two gold medals and one bronze medal.

H.E. Sheikh Joaan bin Hamad Al-Thani also stressed the importance of coordinating between the QOC, the Ministry of Culture and Sports, sports clubs and sports federation to achieve Team Qatar strategy's objectives and prepare Qatari athletes for the Doha 2030 Asian Games.

For his part, HE Minister of Culture and Sports Salah bin Ghanem Al Ali commended the cooperation between sports clubs and federations to secure more achievements. Team Qatar's strategy aims to build a strategic framework and systematic plans to develop athletes' performance and meet their needs.

It also helps the QOC measure, follow up and evaluate their performance to achieve the interim goals and main results.



# QOC Launches Al Adaam Youth Council Initiative

The Qatar Olympic Committee (QOC) has announced the launch of its pioneering initiative Al adaam Youth Council. Al adaam Youth Council is a representative structure of all youth in Qatar from all nationalities. It will be an active factor in engaging in all sports issues and decision-making related to the QOC strategies.



مجلس شباب الأدهم  
AL ADAAM YOUTH COUNCIL



This new entity will take centre stage in the planning processes, hosting sports events and boosting the social responsibility efforts of the QOC.

The main goal of Al adaam Youth Council is to develop the youth's creative initiatives that will help the QOC in making decisions, promoting sports culture inside the Qatari community, reaching out to local youth throughout an elite group of youth elements representing the QOC. Al adaam Youth Council will also help develop the new creative initiatives and ideas to be integrated into the QOC's current and upcoming processes.

This new-born council will spare no effort in performing several responsibilities and tasks, at the top of them, promoting the QOC's strategy, values, goals in the local youth community and enhancing the Olympic values as well as team Qatar values.

It will also help encourage the local youth community to be involved in sports, making Team Qatar a kick-off platform for community participation, performance devotion, and opening the non-official reach out channels between the QOC and the youth.

The council will help promote all the QOC's social responsibility initiatives inside the local community,

encouraging the QOC and its staff to develop creative strategies and plans and transferring the perspectives of Qatari youth about sports issues to the QOC.

It will work closely and cooperatively with the board of directors of sports federations, local organising committees, exchanging thoughts with the local youth community and stepping up youth participation in the board activities to the maximum level.

A number of standards required for nomination to the Al adaam Youth Council have been defined. The council consists of 10 members representing all youth in Qatar (Qataris and non-Qataris), and their ages range from 17 to 27 years. The membership will be divided equally between the two genders, in addition to members from people with

special needs. A youth from the nominated group, after approval by the QOC, will take the presidency of this council.

<p><b>علي أحمد الزبيدي</b> Ali Ahmed Al-Yazidi</p> <p>تخصص إدارة أعمال في السنة الثالثة 3rd year Business Management</p> <p>الهواية: Hobby: القراءة Reading كرة القدم Football</p> <p>سوف لي الانضمام لمجلس شباب الأدهم، الفرصة لحقل مهاراتي وزيادة قدراتي</p> <p>Joining Aladaam Youth Council gives me the best chance to enhance my skills and abilities</p>	<p><b>هيا منور</b> Haya Monawwar</p> <p>تخصص الطاقة المستدامة في السنة الأولى 1st year Sustainable Energy major</p> <p>الهواية: Hobby: القراءة Reading</p> <p>إن الانضمام لمجلس شباب الأدهم سيعطيني الفرصة لإبراز الميول المجتمعية والتعبير عن الذات والتعبير الإيجابية الطيبة</p> <p>This is my chance to give back to the community, and also become a bridge between the youth and Qatar Olympic Committee.</p>	<p><b>نجلاء زهير</b> Najla Zuhir</p> <p>تخصص نظم المعلومات البرمجيات IT Software Major</p> <p>الهواية: Hobby: الخياطة Knitting</p> <p>إنني سعيدة للانضمام لهذا المجلس الشبابي والانضمام لهذا المجلس التي تعلمت التعرف على المجال الرياضي والتواصل مع المجتمع من خلال الرياضة.</p> <p>I am happy to be a part of a team who is enthusiastic about exploring the sports field, and connecting the community through sports.</p>
<p><b>بيان اليافعي</b> Bayan Alyafei</p> <p>تخصص المالية والاقتصاد في السنة الرابعة 4th year Finance and Economics</p> <p>الهواية: Hobby: الرسم drawing</p> <p>يشكل مجلس شباب الأدهم فرصة لإبراز قدراتي ولاكتساب مهارات جديدة.</p> <p>Aladaam Youth Council is my chance to showcase my skills and gain new ones.</p>	<p><b>عبد الرحمن عودة</b> Abdulrahman Ouda</p> <p>تخصص هندسة ميكانيكية Mechanical engineering</p> <p>الهواية: Hobby: كرة الطائرة Volleyball player</p> <p>تعد الرياضة مسالة شاق بالنسبة لي ولهذا أود مشاركة هذا الشغف مع كافة فئات المجتمع الرياضي</p> <p>Sport is my passion, and so I would like to share it with the community in Qatar.</p>	<p><b>سوار العلي</b> Siwar Alali</p> <p>طالب ماجستير في الإعلام والدراسات الثقافية MA in Media and Cultural Studies major</p> <p>الهواية: Hobby: التصوير Photography</p> <p>سوف لي الانضمام لمجلس شباب الأدهم فرصة اكتساب المزيد من الخبرات العملية في المجال الرياضي.</p> <p>Aladaam Youth Council will give me chance to experience working in the field of sports.</p>



# Doha hosts Refugee Olympic Team Training Camp

The Qatari capital city of Doha hosted the training camp of Refugee Olympic Team at Aspire Dome in Doha.

The training camp was held under the auspices of the Qatar Olympic Committee (QOC) ahead of their participation in the 2020 Olympic Games in Tokyo.

The 29 members of the Refugee Olympic Team competed across 12 sports in Tokyo including, Athletics, Swimming, Badminton, Boxing, Cycling, Judo, Karate, Shooting, Taekwondo, Weightlifting and Wrestling.

The training camp reflects the strong partnership between the QOC, the International Olympic Committee (IOC) and the United Nations High Commissioner for Refugees through the Olympic Refugee Foundation. The QOC is a supportive and founding partner of the Olympic Refugee Foundation, which aims to continue the efforts adopted by the IOC over the past years to support refugees all over the world.

The QOC is a founding partner of the Olympic Refugee Foundation (ORF), and QOC President HE Sheikh Joaan is a member of the ORF Board. The ORF aims to create safe, basic and accessible sports facilities in areas where there are refugees, a displaced migrant population or internally displaced people, where all children and young people can play sport and take advantage of sport's multiple benefits.

QOC President HE Sheikh Joaan Bin Hamad Al-Thani said: "We are honoured to have the opportunity to make a small contribution to the inspiring journey of the Refugee Olympic Team. We know how hard they have worked to compete at the Olympic Games, and we hope that this training camp at the state-of-the-art Aspire will help them compete at their best in Tokyo.

"The Team's performances will not just inspire billions of people but will also raise awareness about the scale of the global refugee crisis. At the Qatar Olympic Committee, we are passionate about ensuring that refugees and displaced people have access to sport. We believe strongly in the role sport can play in empowering people and bringing hope in times of great hardship. Through our work with the Olympic Refugee Foundation, we will continue to support refugees in any way we can."

The QOC Secretary General HE Jassim Rashid Al-Buenain thanked ministries and governmental and private entities for their cooperation with the QOC and their contribution to the success of the Refugee Olympic Team training camp. In this regard, al-Buenain lauded the efforts made by the Ministry of Interior, Supreme Committee for Crisis Management, Hamad International Airport, Qatar Airways and Aspire Zone to help the QOC organise this training camp.

Mr. Mohammed Khalifa Al Suwaidi, CEO of Aspire Zone Foundation, which hosted the training sessions of the EOR team, said, "We were pleased to host the Refugee Olympic Team (EOR) in Aspire Zone. We harnessed all possibilities and means of technical and administrative support to benefit from all our training facilities equipped for several different sports, and it is a great honour for the Qatar Olympic Committee to choose Aspire Zone to host the training camp. I wish them all the best in their participation in the 2020 Tokyo Olympics."

The Refugee Olympic Team, which participated in Tokyo Olympics, comprised 29 athletes from 11 countries selected by the IOC Executive Board from the 55 Refugee Athlete Scholarship-holders. The team sent a message of hope and solidarity to the over 80 million forcibly displaced people in the world.

As the Tokyo 2020 Olympic Games drew to a close, the 29 team members – originally hailing from 11 countries and competing in 12 sports – were proud of having competed at the very highest levels of sports. They were equally grateful to gain valuable experience and have the chance to display their talent, just like other athletes.

Just competing in the Games is an enormous achievement for these athletes, partly because of the hardships they have endured fleeing war and persecution, living in refugee camps or adjusting to life in a new country and culture.





# Team Qatar win age groups title at GCC Aquatics Championships

Qatar's national swimming team claimed the title of age groups competitions at the 28th GCC Aquatics Championships held at Hamad Aquatic Centre from August 19-22, 2021.

Team Qatar swimmers claimed 24 medals on the second day, including 12 gold medals, 10 silver medals and two bronze medals, taking their tally of medals to 52, including 30 gold medals, 15 silver medals and 7 bronze medals.

Saudi Arabia and Kuwait finished second and third, respectively. Bahrain, the UAE and Oman were the other teams in the competition.

Qatari swimmers also emerged on top in all three age categories. While Ziad Morsi (three gold two silver) was the best in the 11-12 years category, Abdullah Al Ghemri (13-14 years) was unstoppable in all six races he took part in.



Omar Ashraf, who set a Gulf record on the opening day, took home five gold and a silver in the 15-17 years group.

The Qatar Swimming Association president Khaleel Al Jabir was thrilled with the overwhelming display of strength.

"This is the first time in the competition's 28 editions that a country is winning 30 gold medals. We left everyone far behind, and it shows the strength of our programme. I congratulate the boys on a job well done, and we'll strive to make them more competitive at higher levels," said Al Jabir.





# FIG Artistic Gymnastics Apparatus World Cup proves a huge success

The 13<sup>th</sup> FIG Artistic Gymnastics Apparatus World Cup was held at Aspire Dome last June. The event brought together more than 200 athletes from 26 countries.

As usual, the state of Qatar accepted the challenge to organise the event during the COVID-19 pandemic, where it provided the required safeguards to protect the health and safety of all involved in the competition.

The 13<sup>th</sup> edition of the Doha Artistic Gymnastics World Cup featured two Qatari stars, including Ahmed Al Dayani in the Pommel Horse event and Duha Al Habashi in women's Vault, who qualified to the finals.

Abeer Al Buainain and Mahmoud Al Saadi participated in the event as FIG judges on the administrative level.

The event featured 10 disciplines, including Floor exercises, Vault, Pommel Horse, Still Rings, Parallel bars and Horizontal bar for Men in addition to Vault,



Balance beam, Floor exercises and Uneven bars for Women.

Japan's Hidenobu Yonekura won the men's Vault while Turkey's reigning European champion Ferhat Arican claimed the gold medal of the parallel bars.

Iran's Saeedreza Keikha lived up to his expectations by winning the men's pommel horse while Eleftherios Petrounias was on track to book his Olympic berth after winning the men's rings gold medal.

In the women's events, Ukraine's Diana Varinska fought back strongly to win the women's Balance Beam gold, while Italy's 2006 world All-Around champion Vanessa Ferrari won the WAG Floor Exercise final.

Brazilians Rebeca Andrade took women's uneven bars gold medal.





# South Korean Lee Sang-Su wins Gold; Japanese team get highest tally of medals at 2022 Asian Table Tennis Championship



South Korea's Lee Sang-su won the men's singles title as the curtains came down on the 25<sup>th</sup> edition of Asian Table Tennis Championship 2022, held at the Lusail Sports Arena.

The competition, hosted by the Qatar Table Tennis Association under the aegis of the Qatar Olympic Committee, brought together 194 players from 30 countries.

Lee defeated Chinese Taipei's Chuang Chih-Yuan 3-2 in the final. In the other last day's actions, KOR South Korean women won the doubles title after Shin Yubin and Jeon Ji Hee overcame Hong Kong's Doo Hoi Kem and Lee Ho Ching 11-5, 7-11, 11-3, 11-4 in the final.

Japan finished at the top with eight medals, including four gold – women's team, women's singles, men's doubles and mixed doubles – in addition to four bronze in women's singles, men's singles and women's doubles.

South Korea finished second with eight medals, including three gold – men's singles, women's doubles and men's teams.

The Koreans also picked up four silver medals in men's doubles, mixed doubles, women's singles and women's teams, and one bronze in men's singles.

China Taipei took third place with three medals, including two silver in men's singles and men's teams, in addition to the bronze in women's doubles.

China Taipei was followed by Hong Kong four medals (1 silver in the women's doubles and three bronze in the mixed doubles and women's team).

In a post-event statement, President of the Qatar Table Tennis Association (QTTA) Khalil Al-Mohannadi appreciated the event's highest organisational standards. He applauded the efforts of QTTA's employees, who left no stone unturned to ensure tremendous success for the event and give the game new standards of excellence.

South Korean Lee Sang-Su





# Khalil Al-Mohannadi elected President of Asian Table Tennis Union

The Deputy President of the International Table Tennis Federation, a board member of the recently formed World Table Tennis and President of the Qatar Table Tennis Association, Mr. Khalil Al-Mohannadi, recently became the sixth President of the Asian Table Tennis Union.

Notably, he will hold office in the golden jubilee year as the organisation is approaching 50 years since its establishment on Sunday, May 7 1972, at a meeting in Beijing. The organisation officially superseded the Table Tennis Federation of Asia.



# Al-Mohannadi and Abdulwahab qualify for World Table Tennis Championships

**Qatar's Ahmed Khalil Al-Mohannadi and Mohamed Abdulwahab qualified for the men's doubles event of the World Table Tennis Championships to be staged in November 2021 in Houston, USA.**

The Qatari duo made a big move up in ITTF ranking, driven by claiming the gold medal at Arab Table Tennis Championships in Jordan and their results at WTT Star Contender held in Doha last month.

Moreover, Abdulwahab made history when he defeated Indonesia's Fikri Faqih Fadilah in Round of 32 at the Asian Table Tennis Championships.



# Brazil's Calderano wins WTT STAR CONTENDER trophy

Brazil's Hugo Calderano has become the first player from Latin America to win a WTT trophy following a stunning 4-2 victory over Slovenia's Darko Jorgic (11-5, 6-11, 10-12, 11-9, 11-3, 11-9) in the WTT Star Contender Doha 2021 Men's Singles final on Saturday, September 25.

Shunsuke Togami and Hina Hayata were the first players to receive winner's trophies at WTT Star Contender Doha 2021, following a stunning display from the Japanese pair in the Mixed Doubles final.

The Men's Doubles final saw the Republic of Korea's Cho Seungmin and An Jaehyun face England's Paul Drinkhall and Liam Pitchford. All four players put on a marvellous show under the lights, two unseeded pairs with nothing to lose in the title decider. Decided across four games, the match unfolded in Cho and An's favour (11-7, 4-11, 11-9, 11-4), ensuring the Republic of Korea's presence amongst the list of title-winning nations in Doha.





# Team Qatar make headlines at CONCACAF Gold Cup

Qatar's national football team took the spotlights after reaching the 2021 CONCACAF Gold Cup semi-finals as the first-ever Arab team to participate in the prestigious tournament.

Along with South Korea, Team Qatar have become the second nation from the Asian Football Confederation (AFC) to appear in a CONCACAF Gold Cup Tournament. South Korea had participated in two editions 2000 and 2002. They played seven matches in both tournaments, where they were held to draw in four games and defeated in three.

Team Qatar played five matches in the Gold Cup, won three, drew one, and lost against the USA - the eventual champions.

Most notably, the Qatari team garnered seven points after a 3-3 draw against Panama and secured two victories over Grenada 4-0 and Honduras 2-0 to lead the tournament's group D.

Team Qatar qualified for the semi-finals after beating El Salvador 3-2 on Saturday, July 25, 2021, at the State Farm Stadium in Arizona to book the semi-final clash against the hosts USA, who secured its spot in the last-four after defeating Jamaica 1-0.

Qatari national football team advanced 16 places in the FIFA rankings to 42nd globally, behind the Russian Team, which ranked 41st.

This distinguished position came after the high level presented by the team at the Gold Cup championship.







## Felix Sanchez and experiencing different football schools of thought

Regarding his assessment of Qatar's participation in the tournament, Felix Sanchez said: "As I said before, playing at the level of this tournament is very beneficial for us, especially as we are preparing the Team for the 2022 World Cup. It is good to play different football schools of thought since we are accustomed to playing against Asian teams."

"We have gained a lot of experience that will benefit us during the upcoming tournaments and matches. We just have to keep working on playing better," he added.



## Qatar's Almoez earns 2021 Gold Cup Top Scorer award

**Almoez Ali of Qatar earned the 2021 Concacaf Gold Cup Top Scorer Award presented by Qatar Airways after finishing as the top scorer in the 2021 Gold Cup with four goals in five games.**

This marks another achievement for Al Duhail striker, who has become the first player in football history to score goals in three different continental championships after scoring against Panama in the opening match of Group D of the Gold Cup.

Almoez was the top scorer of the 2019 Asian Cup with nine goals, a record in the Asian championship, surpassing Ali Daei, the Iranian football legend and top scorer of the 1996 Asian Cup.





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# Towards a world of clean sports, Qatari Anti-Doping Commission organised valuable courses and workshops

**Qatari Anti-Doping Commission continued its international effort to fight doping in sports by organising several educational events and symposiums for the sports federations and national teams.**

The QADC organised educational workshops for Qatar's U-23 football team at Sumaysimah, a few days ahead of their training program at Aspire playgrounds, in preparation for the qualifiers of the AFC U-23 Finals held from October 21-31 in Doha.

QADC organised a workshop on October 13, 2021 at Al Badie Tower for the Qatar weightlifting team, while the Qatar volleyball team's workshop was on October 16 at the federation's headquarters. The Afghan refugees' workshop (12-18 years old) was on October 18.

The commission organised two workshops for Qatar's senior football team and football coaches (Professional Diploma 2021). It also staged

educational sessions and took a centre-stage role in preparing Team Qatar champions ahead of their duty in the Tokyo 2020 Olympic Games. Team Qatar made history by winning two gold medals and a silver.

Later, the QADC did the same measures again for Qatar Paralympic Team ahead of their campaign in the Tokyo 2020 Olympic Games.

Qatar Anti-Doping Commission is the nation's official entity tasked to fight the use of doping in sports. It is a legal entity responsible for dealing with all issues related to doping in the country. It represents Qatar at all international doping-related events. The commission's key mission is to prevent the spread of doping in sports and keep sports activities fair, protective and free from doping by maintaining the WADA regulations in place.







## Al Thumama Stadium The story began from the old souq The 'gahfiya' reflects Qatar's rich history

**The design of Al Thumama Stadium was inspired by the 'gahfiya' - a traditional headpiece worn by men across the Arab world - for a new stadium to be used during the FIFA World Cup 2022™.**

Qatari architect Ibrahim Jaidah recalls heading to the Old Souq - a traditional marketplace in Qatar - for inspiration prior to putting his ideas on paper.

"I remember that night I got my hands on all types of gahfiyas in order to study the different patterns on each. I've always worn it as a child; however, I didn't expect to see all the different shapes and the depth of their designs," said Ibrahim.

The creative process led to many sleepless nights. Ibrahim continued: "I used to wake up in the middle of the night to examine the patterns on the different gahfiyas. I finally drew a rough sketch that I liked and told my engineers that this will be the design we are going with."

One of Jaidah's main goals was to produce a design that resonated with people across the entire region. He said: "I had a feeling my competitors were going to take the original shape and completely modernise it, removing its traditional essence and making it look nothing like a gahfiya. I wanted to ensure my design was modern, but at the same time, I didn't want to

strip it from its traditional identity. Preserving local identity and heritage was of paramount importance to me."

Jaidah's final design included streamlined patterns and golden coins. The coin design was later used as inspiration for the ventilation units for the stadium's advanced cooling technology.

Saud Al Ansari confirmed that the announcement of the opening of the sixth 2022 World Cup stadium confirms Qatar's complete readiness to host the World Cup a full year before the tournament, on the way to reaching full readiness for this major event.

"The stadium has a capacity of 40,000 fans, and it will host six matches in the Arab Cup, in addition to 8 matches in the World Cup, including the quarter-finals. The design of the Al Thumama Stadium in the form of (gahfiya) is symbolic of the Gulf and the Arab region and is characterised by sustainability, as is the case with all stadiums, by reusing materials and rationalising energy. The upper parts of the stands will be dismantled after the World Cup, and the stadium capacity will be reduced to 20 thousand spectators. There will be a branch of Aspetar Sports Clinic and a hotel, as well as many services and shops that will serve the people and residents of the area," said Al Ansari.







## Facts and figures

- The 40,000-seat arena will also be one of six Qatar 2022 venues to be featured during the FIFA Arab Cup™.
- The stadium has a capacity of 40,000 fans, and it will host six matches in the Arab Cup, in addition to eight matches in the World Cup.
- In legacy mode, Al Thumama will serve the needs of the local community. A branch of Aspetar Sports Clinic will open on-site, and a boutique hotel will replace the stadium's upper stands.







## Qatar Olympic Academy selected Best Educational Institution



**The Excellent, an international magazine specialising in education, has chosen the Qatar Olympic Academy as the best educational centre in the State of Qatar for the year 2021.**

This selection is based on the magazine’s monitoring of the activities of educational institutions and academies in Qatar during the year. The Qatar Olympic Academy, with its diverse activities, programs and courses that include many sports, administrative and technical fields, has been able to reach all segments of Qatari, Gulf and Arab society, in addition to many European and American countries.

By introducing the simultaneous translation system into its programs provided with the distanced learning system, the academy moved to the distanced education system via Microsoft Teams and Zoom with the beginning of the Corona pandemic (Covid-19) in March of last year.

The Qatar Olympic Academy has developed its programs and courses to suit distanced education since the beginning of the Corona pandemic (Covid 19), as the academy adopted a calendar this year that includes many programs, courses and workshops in various sports and Olympic fields, which exceeded twenty different programs and courses, whether at the level of workshops Olympic education or various courses as well as postgraduate studies

in cooperation with a number of international and regional bodies. Additionally, it cooperated with many state institutions and ministries to provide special courses for their employees within the framework of joint cooperation to reach common goals and reach the public benefit.

For his part, the Executive Director of the Qatar Olympic Academy, Saif Mohammed Al-Nuaimi, stressed that the selection of the Qatar Olympic Academy as the best educational center in the State of Qatar for the year 2021 by The Excelligent International magazine is as a result of the concerted efforts of the work teams in the academy, who always strive for the best, as well as partners from the international, continental and local bodies, and the lecturers who contributed greatly to gaining the confidence of the students.

“The Qatar Olympic Academy always seeks to reach all demographics of the community through diversity in the programs, courses and workshops that serve the sports community administratively and technically, to achieve one of the most important goals of the academy, which is to spread the sports and Olympic culture among societies,” he added.



# An Interview with Mutaz Barshim



Turning dreams into reality and hitting the peak of glory

**Barshim defied gravity and made history**

Al Wajbah Decoration is a source of pride

**This is my beautiful story with Stanley**

**and 2019 World Championships in**

**Doha is my favourite event**

Tamberi and I have been friends for 9 years,

and our decision to share the gold medal

was spontaneous

**Breaking the world record remains**

**one of my goals**



The spark of our sport didn't fade away but rose to the global level as our star athletes proved their superiority and their ability to break world records, including our "Golden Falcon" Mutaz Barshim, who claimed the gold medal and whose name will be written in gold in the history of Qatari sport.

Barshim's achievement sets an example for Qatari young men and reflects the ambition of athletes to make our nation proud as they underline our loyalty to HH the Amir Sheikh Tamim bin Hamad Al Thani.



## Al Adaam Magazine had this interview with Mutaz Barshim where he took us through his career and highlighted his future and post-retirement plan:

**Q1: Let us, first of all, speak about your historical achievement and winning the gold medal in Tokyo 2020 Olympics.**

Every event has its own impression, but the achievement made in Tokyo Olympics was a result of relentless efforts and hard work for 12 years, so I can't find words to describe my feeling.

Firstly, I want to thank the QOC under the leadership of HE Sheikh Joaan bin Hamad Al Thani and the Qatar Athletics Federation for their support throughout my journey.

There were doubts after the Covid-19 pandemic and the postponement of the games to 2021. So, we had to change our training program, especially after my injury in 2018.

**Q2: But many may be surprised that you agreed to share the gold medal with Italian champion Gianmarco Tampere. Why did you take this decision at such a global and Olympic event?**

The decision to share the Olympic gold medal was a purely emotional decision which reflects my respect and admiration for my fellow competitor. Tamperi and I have been friends for nine years. Both of us sustained career-threatening injuries and struggled to get back to competition.

When we cleared the same height and the referee suggested a jump-off, I knew the rule and decided to share the gold medal. It was a wonderful feeling when people react to you positively through sport. Definitely, I will cherish it for a long time to come.

**Q3: How do you evaluate the level of competition at that men's Olympic high jump final?**

The men's high jump event at Tokyo Olympics was the most difficult edition in the modern era. It is difficult to find three players who can clear a height of 2.37 m. The expectations were also difficult because most of the scheduled events were cancelled, but I was confident and ready for the games.

**Q4: Let's shift focus to the decision of HH the Amir to grant you Al Wajbah Decoration**

It's a great honour for me, and it is certainly a feeling of pride and joy. It is not strange for His Highness the Amir who was in contact with me even at the stadium, before the tournament and after the tournament. These memories will remain with me forever and will give greater motivation to the upcoming generations of athletes.

**Q5: After obtaining bronze, silver, Olympic gold medals, what are the aspirations and ambitions in the upcoming events?**

Every season has its challenges and goals. At the beginning of every season, I try to look at the goals we seek in coordination with my coach, Stanley. I do not set the Olympic or world gold medals as goals to avoid limiting my ambitions in my career. I'm always looking forward to achieving as many achievements as possible.



**Q6: Are you dreaming of smashing the world record that remained unbroken for 28 years?**

The world record is always on the plan, and one of the goals set between my coach and me and I will try to break the world record during my career.

**Q7: There are so many upcoming events, but what are the most important championships in the next season?**

I will participate in some important events in the upcoming period, including World Athletics Indoor Championships in Serbia next March, World Athletics Championships in the USA next June, and the 2022 Asian Games in Hangzhou, China. In addition, the IAAF Diamond League for the new busy season. So, I will try to develop a plan with my coach to choose some meetings to avoid injuries.

**Q8: The Qatari Athletics made some huge leaps at both continental and Olympic levels. How do you see its future?**

There are a lot of talents who need development and moral and financial support to help them keep going. Aspire Academy is graduating many young athletes, but the problem lies in continuity.

**Q9: Do you look at certain names that can be future Olympic champions?**

It is difficult to identify specific names, and as I said, talents are there. Still, the most important thing is the continuity and development of these talents to reach the required level.

**Q10: Are you thinking of retirement, and what are your plans after retirement?**

The decision to retire is an inevitable decision for any athlete, but at the same time, it remains a difficult decision. The athlete knows the right time to make this decision and does not need to think about it because it is inevitably coming.

**Q11: Are you thinking about the decision to retire at a certain time, maybe after Paris 2023 Olympics?**

It remains possible, and perhaps after the next Olympics, or before it, "laughs".

**Q12: Are you thinking about the decision to retire at a certain time, maybe after Paris 2023 Olympics?**

It remains possible, and perhaps after the next Olympics, or before it, "laughs".



**Q13: You have accomplished so many achievements during your career, but what is your favourite event?**

2019 World Championships in Doha because it was held on my home soil, and my family was there at the stadium. The event was held after returning from injury and left a huge legacy for all the community members as it was followed moment by moment.

**Q14: The edition has a lasting legacy on Qatari athletics. Do you wish the event to come back again to Doha?**

No questions, the championship was unique and has taken Qatari sports to new grounds of excellence. I hope it will be back again one day.

**Q15: Do you remember the turning point of Barshim's career, and when did you feel that?**

The turning point of my career started off once I graduated from the Aspire Academy, and I started training sessions under my coach Stanislaw, who is a professional coach with a fantastic record in the Olympics and world levels. Back then, he said: "To work together, let us begin right now; otherwise, I will go back home".

Back then, I was playing basketball, and Mr. Stanislaw was following my performance. By the end of the day, he said, "This jump you made is rare, you have a talent, and we have to work on it."



Ever since, the coach started following up my performance day in day out and asked me to be focused mentally and physically. I did that consistently for two months - training camp. My numbers improved from 2:14m to 2:25m, and confidence built between my coach and me. That was the beginning of my professional career. Turning into a professional athlete will not be with words but with hard work and perseverance.

**Q16: High Jump records in the championships have dropped down over the past four years. Why?**

High jump's technical performance over the past four years was high. Injuries hit all the top five competitors. There are differences between them and the second tier athletes, so all things have collectively impacted the results.

**Q17: Sport is a family affair to you. Mutaz Barshim is a superstar in athletics, and Mishaal Barshim is a footballer in Qatar National team and Al Sadd Sports Club.**

Yes, we are a sports-loving family. My brother Mishaal, a goalkeeper, is fond of football. Today every single athlete dream of competing in the Olympics, and every single footballer dream of playing in the FIFA World Cup. My brother Mishaal has tremendous pride in the Team. I hope he will have a bright future.

**Q18: What are your final aspiring words to say to the generation to come?**

I genuinely want to say thank you to everyone who supported me and believed in my talent; I advise this generation to do their best, fight hard, keep up the spirit of perseverance and dream big.



**Barshim.... successful homegrown example of Aspire Academy**

Mutaz Barshim is a perfect graduate and a successful homegrown example of Aspire Academy, this academy acts as a key incentive element pushing the Qatar sports movement forward and talents producer. Barshim, one of these talents, graduated from the academy and used his talent to favour his nation. He fought tooth and nail and brought glorious achievement to the country.

Al Adaam Falcon has become a successful investment that helped Qatar sports to take centre stage on the global sports scene.

Mutaz's successful career will act as a real motivation to everyone to make all efforts to ensure more glory. His current world position is a quality leap to bring more titles and maintain this top world position.

Mutaz's impressive sports career will inspire the rising talents to follow in his footsteps. The Qatari youth talents can defeat the challenge; it is not a surprise to see these talents reach or maybe exceed Mutaz's achievements in the future.







مذكرة تفاهم بين اللجنة القطرية ومعهد الدراسات العليا  
MoU signing between Qatar Olympic Committee and Doha Institute for Graduate Studies

## QOC signs MoU with Doha Institute for Graduate Studies

**The Qatar Olympic Committee (QOC) signed a Memorandum of Understanding with Doha Institute for Graduate Studies to boost cooperation in the field of scientific researches, projects improvement and training.**

“QOC has a good record of experience and knowledge after hosting a great number of world-class sporting events over the past decade. Today we are expanding these experiences with a new style,” added the QOC Secretary-General.

HE QOC Secretary General Jassim bin Rashid Al Buenain signed on behalf of the QOC, and Ms. Mariam bint Ali Nasser Al Musnad, the Executive Director of Administration and Finance Division, inked on behalf of the Institute.

In this context, the Executive Director of Administration and Finance Division at the Doha Institute for Graduate Studies (DI), Ms. Mariam bint Ali bin Nasser Al Musnad, said that the Doha Institute for Graduate Studies is always keen to communicate with different governmental institutions, aiming to strengthen strategic partnerships and opportunities for cooperation through the Excellence Center for Training and Consulting. The cooperation in areas that serve institutional and community integration, such as training programs and courses, will directly contribute to the building of institutional personality in line with Qatar National Vision 2030.

The MoU will cover the exchange of experience and cooperation in education, organising the training courses of the QOC’s executive and administrative leaders, conferences, symposiums, and workshops.

Doha Institute for Graduate Studies will set up plans and conduct training courses that meet the QOC’s needs and requirements.

“We will always dedicate our efforts to develop and invest in the human element as our top priority of achieving sustainable development, and together we will be working to improve our staff’s professional and intellectual ability. Our employees’ development process is a strategic tool for sustainable growth and productivity. We will continue to encourage training our cadres to face future challenges and play a significant role in preparing for the 2030 Asian Games,” said HE Jassim Bin Rashid Al Buenain, the QOC Secretary-General, in a post-signing ceremony statement.

“ We are delighted to move forward by signing the agreement with Qatar Olympic Committee, which is a leading institution in the field of sport to enhance Qatar’s global status and achieve our objectives through the effective participation in the comprehensive renaissance of the State of Qatar at all levels.” Al Musnad added.

مدير التنفيذي للقطاع الإداري والمالي  
معهد الدوحة للدراسات العليا