HH Sheikh Abdullah bin Khalifa Al Thani,





First President of the Qatar Olympic Committee

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AN OUTSTANDING EDITION OF THE IAAF

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SPORT FOR LIFE

المجلة الرسمية للجنة الأولمبية القطرية OFFICIAL MAGAZINE OF THE QATAR OLYMPIC COMMITTEE



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We are pleased to issue the inaugural edition of "Al Adaam" Magazine, the official magazine of Qatar Olympic Committee (QOC), which coincides with the 40th Anniversary of the QOC.

The QOC has played significant role in promoting the Olympic movement in Qatar over the past four decades. Qatar has continued to pay great attention to sport since the early fifties of the last century and it has turned it to one of the important pillars of the Qatar 2030 National Vision 2030.

In this edition, we are defining the track of Olympic movement in Qatar and reflecting the activities and efforts we have made to promote principles and values of Olympic movement, as well as Team Qatar's achievments and their participations in the championships hosted by Qatar and in the different international events.

The magazine also deals with a number of issues and sheds lights on the important role of sports in community development and promotion of values and life skills among all segments of the society We also aim at increasing the number of participants in sports through the community activities which holds a special place in the QOC strategy 2017-2022.

By issuing Al Adaam Magazine, the QOC is reiterating its commitment to continue to promote the Olympic values and principles and pursue the development of the Olympic movement in accordance with the Olympic Charter and the aspirations Qatari sport.

Joaan bin Hamad Al Thani President Qatar Olympic Committee



"Al Adaam" FLAG RELAY

"Raising that flag creates so powerful emotions that no words can describe."

Abdulla Al-Tamimi

Unity and Solidarity:

The QOC Secretary General Jassim bin Rashid AlBuenain said: "Such events boost our confidence and hope for a more successful and brighter future for Qatar.

Seeing such integration between citizens and residents from various cultural backgrounds and age groups, which symbolizes unity between them on this auspicious occasion, is a thing of great joy and we highly express our thanks to all those who joined us and made this day unforgettable for everyone including future generations".

Students participation:

The second edition of the Flag Relay was also marked with the participation of many overseas Qatari students who lifted the Al Adaam flag along with the athletes thus fully taking part in the celebrations of the National Sports Day.

Margarita Zuniga, a Historian at the Qatar Chapter institution was among the participants. She affirmed her pleasure at taking part in the celebrations.

"I am very proud to be here and carry the flag while riding my motorbike. It is an opportunity for all to come together and show unity and solidarity of Qatar inhabitants. I feel honoured to share these feelings with my fellow members of the community," she said.

Meanwhile, Jawaher Al-Mutawa, the Flag Relay ambassador who carried the flag at the Pearl, said: "As a Qatari woman, this day means a lot to me. Not only did I carry the flag at such a glorious occasion but also, I represented women and I hope that would inspire some of them to take up sport and seek their passions.

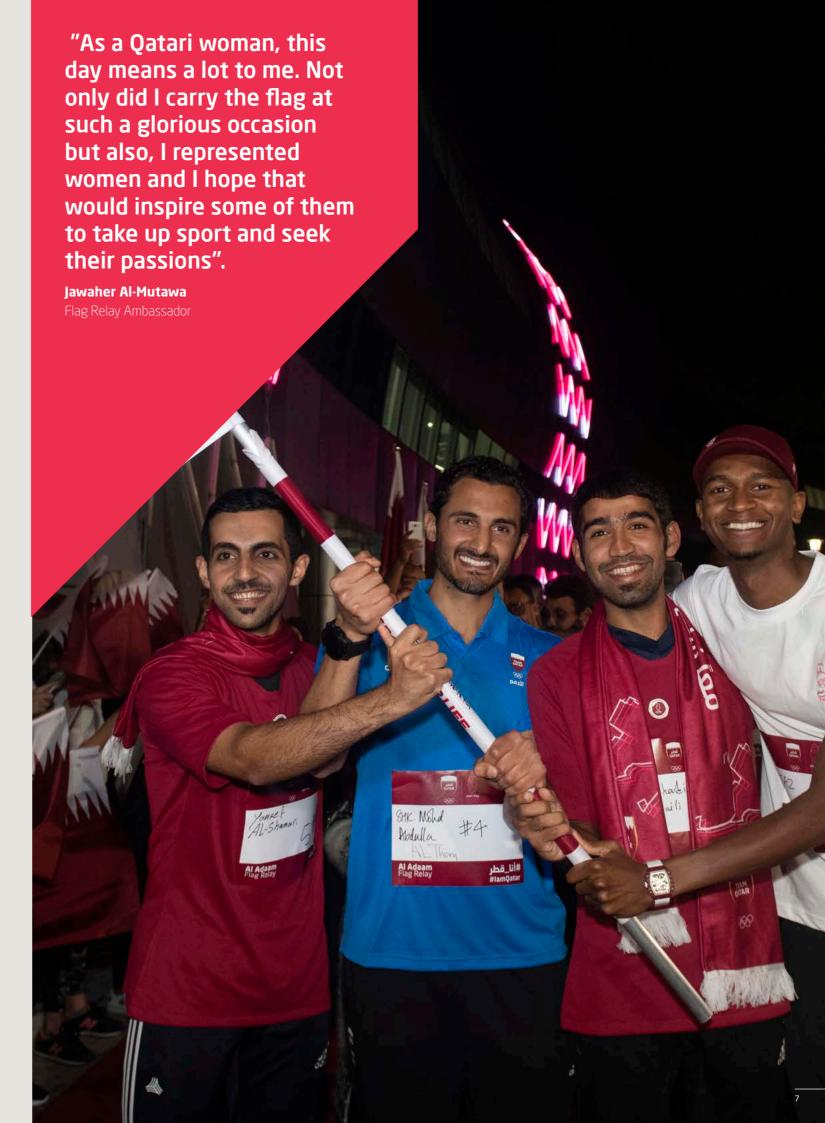
Closing scene :

The curtains came down on the Flag Relay event at the Aspire Park, where Team Qatar athletes, employees, stakeholders of the Qatar Olympic Committee and the public came together to watch the final scene.

Team Qatar squash player Abdulla Al-Tamimi was one of the three athletes who made the final act as the Flag Relay Ambassadors. He said: "Raising that flag creates so powerful emotions that no words can describe."

In a post-event statement, Sheikh Mohamed bin Abdullah Al Thani, the first Qatari national to climb Mount Everest, said: "Carrying the maroon flag today brought back so many proud memories from the top of Mount Everest when I raised it there. It is a great honour to be able to represent my country and celebrate with my community at such a great occasion".

The Qatar Olympic Committee extended its thanks to the event partners and sponsors namely: Abdullah Abdulghani and Bros, Co, Abu Issa Holding, Aspire Zone Foundation, Baladna, National Tourism Committee, Al Meera and Hamad Medical Corporation, for their support.



Sheikh Joaan honors champions Barshim and Samba

HE the President of Qatar Olympic Committee (QOC) Sheikh Joaan bin Hamad al-Thani honored Qatari champions Mutaz Barshim and Abderrahman Samba for their medal-winning exploits at Doha 2019. HE the Second Vice-President of QOC Dr Thani bin Abdulrahman al-Kuwari, HE Secretary-General of QOC Jassim bin Rashid al-Buenain, and members of the Board of Directors of the Qatar Athletics Federation attended the honoring ceremony.

HE Sheikh Joaan bin Hamad al-Thani congratulated Barshim and Samba for their achievements, and applauded their great efforts that pleased everyone in Qatar. He urged them to achieve more glory in the upcoming events, especially the 2020 Tokyo Olympics.

His Excellency thanked the Chairman and members of the Board of Directors of the Qatar Athletics Federation, the technical and administrative staff and the athletes for their great efforts.

He stressed QOC's keenness to provide all facilities to the athletes to achieve more glory in the upcoming events.
HE Sheikh Joaan bin Hamad al-Thani awarded Barshim and Samba with the gold decoration that is presented to athletes who achieve international and Olympic success.







HH the Amir Welcomes National Team Delegation After Winning Asian Cup

The National team had two objectives: firstly, to provide the needed experience for the young players as they prepare for FIFA World Cup Qatar 2022, and then to go beyond the quarter-final stagewhere the team exited the Asian Cup at the previous two editions.

HH the Amir Sheikh Tamim bin Hamad Al-Thani welcomed the players as well the coaching and administrative staff of Qatar's national football team at Hamad International Airport where they arrived with the trophy of the AFC Asian Cup that they won in the UAE for the first time ever.

The historical ceremony was attended by HH Sheikh Jassim bin Hamad Al-Thani, personal representative of HH the Emir, and HE Sheikh Joaan bin Hamad Al-Thani, president of Qatar Olympic Committee. HH the Amir presented all members of the delegation with flower bouquets, while the national anthem played as photos were taken for HH the Amir along with the team members.

The national team did not only win the continental title for the first time ever but also registered many records as they ended the competition without any draw or loss, and conceded only one goal in the seven games they played.

Qatar deservedly won the Asian title, completing a successful campaign that started with the combined qualifying rounds of the World Cup 2018 and the Asian Cup 2019. The National team had two objectives: firstly, to provide the needed experience for the young players as they prepare for FIFA World Cup Qatar 2022, and then to go

beyond the quarter-final stage where the team exited the Asian Cup in the previous two editions.

The team started the group stage with a 2-0 win over Lebanon, before registering their biggest win in the Asian Cup ever as they hammered North Korea 6-0. The Maroon then downed three-time winners Saudi Arabia with a 2-0 score in the last game of the group stage,

In the round of 16, Qatar went head-to-head with Iraq, another Asian Cup winner. Despite the difficulty of the task, the young Qatari team managed to win with a solitary goal from Bassam Al Rawi at the 62nd minute to qualify for the quarter-finals for the third time in history.

The quarter-final stage brought a tough test against two-time winner South Korea. It presented Qatar with the opportunity of a new achievement by making it to the semi-finals for the first time ever. The Maroon again found their way to winning through a powerful strike from Abduaziz Hatem, to estalish a semi-final clash against UAE.

Although the opponent had the advantage of playing on home soil and in front of their fans, Qatar played brilliantly in the semi-finals and dominated the host nation, winning 4-0.

Then came the historic night in the Asian Cup final game on February 1 when Qatar faced continental powerhouse and four-time champions Japan. The young Qataris were again up to their excellent performance, dominating their strong opponents and clinching the title thanks to a 3-1 win.

FIFA President Gianni Infantino and AFC President Sheikh Salman Bin Ibrahim crowned the national team with the gold medals and handed over the trophy to them in the presence of Qatar Football Federation President HE Sheikh Hamad bin Khalifa bin Ahmed Al-Thani and Saoud Al Muhannadi, vice-president of the Qatar and Asian federations, and president of the organising committee for Asian Cup 2019.

Qatar's achievement was even more impressive as Saad Al Dossari was chosen as the best goalkeeper of the tournament. Al Moez Ali's nine goals broke the record of goals scored in a single edition of the Asian Cup. Iranian striker Ali Dai's previous record of eight goals had stood for 23 years before that. The Qatari striker also won the tournament's best player award.





Sheikh Joaan attends inauguration of new IOC headquarters

The Qatar Olympic Committee (QOC) President HE Sheikh Joaan bin Hamad al-Thani attended the inauguration of the new headquarters of the International Olympic Committee (IOC) in Lausanne, Switzerland.

The President of the Swiss Confederation, Alain Berset, a number of IOC members, presidents of international federations, heads of national committees and dignitaries from the Olympic Movement also attended the inauguration ceremony.

The opening of the Olympic House coincided with the 125th anniversary of IOC, which was established on June 23, 1894. The IOC new headquarters' glass façade represents the IOC's message of transparency, flexibility, and sustainability.

Global praise for Qatar's organizational abilities

The IAAF World Athletics Championships, Doha 2019 received overwhelming praise from the global athletics family. Doha was honored to host the event from September 27 to October 6, bringing together 1998 athletes from 210 countries to compete at the Khalifa International Stadium. Besides the 43 track and field events in the airconditioned stadium, Doha Corniche witnessed IAAF's first-ever night marathon for both men and women, besides the walks. The next host of the event, Eugene, in the US state of Oregon, will have a hard time matching Doha's exceptional standards in 2021 Immediately after the biggest athletics extravaganza concluded, Qatar put on a great show by hosting the inaugural ANOC World Beach Games, which also attracted the world's attention, not to mention, accolades.

Leadership and excellence

World's top athletes, sports experts and journalists appreciated the IAAF World Athletics Championships, Doha 2019 for its organizational and technical success, proving Qatar's exceptional ability and experience in hosting global events. Qatar showcased its first-class infrastructure and integrated sport facilities to a global audience during the event.

Lasting legacy

Qatar hosted the first-ever IAAF World Athletics Championships Doha 2019 in the Middle East to promote an athletics culture and leave a legacy for future generations. The event received an overwhelmingly positive response from fans over the course of ten days, which saw high-class competition. Observers from all over the world were impressed by the enthusiasm of the fans as the athletes put on a tremendous show.

Best-ever edition

The International Association of Athletics Federations (IAAF) President Sebastian Coe praised the 2019 edition as the best ever World Championships in the history of the sport.

The performances at the championships were the best ever on record, with the average performance (per IAAF Scoring tables) surpassing that of the 2017 World Championships. Three world records were set, and six championships records were broken. A total of 43 nations won medals, and 68 nations had an athlete with a topeight finish.

Based on the IAAF scoring tables, the best male and female performers were men's shot put gold medallist Joe Kovacs of the US and women's long jump champion Malaika Mihambo of Germany.

Stars galore

A number of athletes excelled at the Championships, including Qatar's Mutaz Essa Barshim who successfully defended his high jump title.

Among the men, USA's Donavan Brazier won the 800m gold, US sprinter Christian Coleman stormed to 100m gold, Sam Kendricks claimed the pole vault title, American Noah Lyles clinched the 200m gold, Ugandan Joshua Cheptegei won the 10,000m gold, Kenyan Timothy Cheruiyot captured the 1500m gold, Steven Gardiner of Bahamas claimed the 400m gold, Sweden Daniel Stahl grabbed the discus throw gold, while Norwegian Karsten Warholm took the 400m hurdles title

Among the women, the list of honor includes Dutch sensation Sifan Hassan, who won the 10,000m gold, and Dalilah Muhammad of the US who broke her own world record to win the 400 hurdles title. Kenyan's Beatrice Chepkoech seized the 3000m steeplechase title, Jamaica's two-time Olympic champion Shelly-Ann Fraser-Pryce won the 100m gold, Britain's Katarina Johnson-Thompson clinched the heptathlon gold, Russia's Mariya Lasitskene claimed the high jump gold, Germany's Malaika Mihambo won

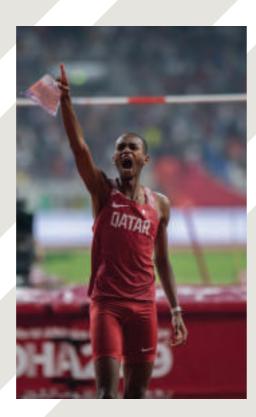
the long jump gold, Bahrain's Salwa Eid Naser clinched the 400m gold, Kenya's Hellen Obiri earned the 5000 gold and Venezuelan Rojas retained the triple jump gold.

Cooling System

The state-of-the-art cooling technology used at the iconic Khalifa International Stadium at the IAAF World Athletics Championships, Doha 2019 impressed all athletes. The system helped athletes produce a high level of performance in controlled temperatures ranging from 22-24 degree Celsius, which matched temperatures in European countries during September-October.

5000 volunteers

As many as 5000 volunteers, which included local citizens, residents and people from outside Qatar, positively contributed to the championships with their service to the athletes, officials and guests. All the volunteers did a great job during the event in a manner that reflected the culture of volunteerism developed in Qatar.



US top standings

The US topped the standings with a total of 29 medals (14 gold, 11 silver and four bronze), while Kenya secured the runners-up place, winning 11 medals (five gold, two silver and four bronze). Third place went to Jamaica with 11 medals (3 gold, 5 silver and 3 bronze), while China finished in fourth place with total 9 medals (3 gold, 3 silver and 3 bronze). Hosts Qatar finished in 16th place (Barshim won the men's high jump gold and teammate Abderrahman Samba

clinched the men's 400 hurdles bronze).

Barshim makes Qatar proud

Team Qatar champion Mutaz Barshim regained his rightful place at the top when he retained his men's high jump gold medal at IAAF World Athletics Championships, Doha 2019.

With the crowd on their feet for every jump, Barshim delivered the performance they demanded by clearing 2.37 meters on his first attempt before watching on as his rivals failed to match his effort.

Barshim has a personal best of 2.43m, 2cm short of the world record held by the Cuban legend Javier Sotomayor (2:45m) since 1993.

Barshim arrived at the World Championships still in the final stages of his comeback from last year's ankle surgery.

Barshim: The gold medal is a dream-come-true

Barshim said he was proud to claim the gold medal on his home soil and expressed his wish to win the title at the Tokyo 2020 Olympics.

"For me, it was a dream. At home it was just amazing, Everybody was there – His Highness The Amir Sheikh Tamim bin Hamad al-Thani, my family and friends," said Barshim after his victory.

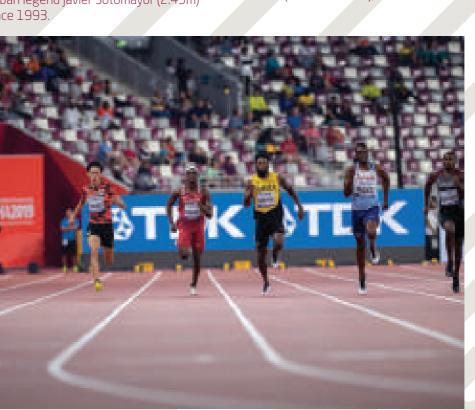
Samba: This bronze is gold for me

After a season marred by injuries, Abderrahman Samba overcame all obstacles at the IAAF World Championships, Doha 2019 to clinch bronze in the men's 400m hurdles. Samba finished in 48.03 seconds, behind Norway's reigning champion, Karsten Warholm (47.42 seconds), and United States' tearaway talent, Rai Benjamin (47.66 seconds).

Samba described his bronze medal as his most difficult challenge, given the fact that he was not even supposed to run at the 2019 Worlds because of the seriousness of his injury.

"This bronze medal is a gold medal for me ... I'm not happy, I'm over the moon. If I could find the words now I would, but there are no words for how I am feeling," he said.

"Two days ago, I wasn't sure whether to compete or not, so to make the podium is amazing. I didn't expect to win but I ran here because it is a World Championships in Qatar and I wanted to be here," Samba said, before adding that he will now shift his focus to the new season, which includes the 2020 Tokyo Olympics.





Oatar wows the world with ANOC World Beach Games Qatar 2019

Mabrook Qatar! Yes, we did it again!!! In line with its global reputation as a country that does amazing things, Qatar stunned the world with its successful back-to-back hosting of two mega sporting events that brought the world together within three weeks.

The inaugural edition of the Association of National Olympic Committees (ANOC) World Beach Games Qatar 2019 and the 24th ANOC General Assembly came up just six days after Qatar successfully organized and hosted the biggest athletics event on planet earth – the IAAF World Athletics Championships, Doha 2019. It is an unprecedented feat and one ltaly completed the top three with four that probably may not be repeated by any other country anytime soon.

The inaugural edition of the ANOC World Beach Games Oatar 2019 brought together more than 1,300 athletes from about 100 countries, representing five continents, to compete in 13 sporting events for the first time in history. What was all the more impressive was that Qatar pulled it off despite having only four annual awards ceremony. months to prepare for the event.

When Qatar was called upon in June 2019 to host the event after San Diego pulled out in May after four years of planning, citing financial constraints, this sportsloving country was never in doubt of its capability to make things happen.

Qatar responded to the call with the urgency it deserved and immediately set a process in motion to ensure that the maiden edition of the event enters the history book with fond memories.

From a glamorous opening ceremony at the 5,000-capacity Katara Amphitheatre, which highlighted Qatar's historical links with the sea and its connection with beach sports, the participants were never in doubt that they were in for a good time at four beautiful venues -- the Katara Beach, the Al Gharafa Stadium, the Aspire Park and the Ritz-Carlton Doha's Legtaifiya Lagoon.

Over five days, spectators were treated to exciting action as athletes competed for glory and medals in aquathlon, 3X3 basketball, climbing, bouldering, beach handball, karate kata, kitefoil racing, skateboarding, beach soccer, open water 5km swimming, beach tennis, beach, volleyball 4X4, waterski, wakeboard and beach wrestling.

In the end, Spain emerged at the top of the medals table with their haul of ten medals including seven gold, one silver and two bronze while Brazil came a close second with five gold, four silver and three bronze.

gold, one silver and one bronze while hosts Qatar had an impressive outing -winning a silver after a painful loss to the USA team in the men's volleyball event. The event in Doha was not just only about sporting action as, on October 17, outstanding achievements of athletes during the five Continental Games that took place over the past 18 months were also recognized in the sixth edition of the

A major highlight of the night was the presentation of a prestigious award to His Excellency Sheikh Joaan bin Hamad al-Thani, President of the Qatar Olympic Committee (QOC) and Chairman of the Local Organising Committee of Qatar 2019, for his contribution to the Olympic Movement.

And then there was the 24th ANOC General Meeting that hosted over 1,000 high-level delegates from 205 National Olympic Committees (NOC), the International Olympic Committee (IOC), international federations and organising committees who gathered at the Sheraton Grand Doha Resort & Convention Hotel on October 17-18 to discuss issues facing the Olympic movement.

The event was attended by HE Sheikh Joaan bin Hamad al-Thani and IOC president Thomas Bach.

The assembly, which was opened by the acting ANOC Acting President Robin Mitchell, also saw HE the Assistant Chief of the Amiri Diwan and former QOC Secretary General Sheikh Saoud bin Abdulrahman al-Thani receiving an ANOC Order of Merit award.

At the closing of proceedings, it was announced that the 25th ANOC General Assembly will be held next year in the 1988 Olympic city of Seoul, South Korea. The meeting will mark the centennial anniversary of the Korean Sports and Olympic Committee.

With the grand successes of all these events, Qatar has once again written its great name in the annals of history as a major sporting hub but the sports-loving country is not resting on its laurels as it looks forward to further contributing to the development of global sports in the future. Once again, Mabrook Qatar! You make things happen.





Doha hosts ANOC General Assembly Meetings

The 24th General Assembly of the Association of the National Olympic Committees (ANOC) was held in Doha in the presence of Qatar Olympic Committee (QOC) President HE Sheikh Joaan bin Hamad al-Thani and International Olympic Committee (IOC) president Thomas Bach. The meeting was also attended by representatives of 204 NOCs.

While welcoming the guests during his opening speech, HE Sheikh Joaan bin Hamad al-Thani said: «The Qatar Olympic Committee is delighted to welcome everyone to Doha. We share the same vision, the same ambition and the same concerns with the rest of the Olympic movement as we promote and strengthen the movement throughout the world, and in this region, in particular».

"Following the success of the first edition of the World Beach Games Qatar 2019, the Qatar Olympic Committee is pleased to host the 24th General Assembly of the National Olympic Committee and the awards ceremony,» HE Sheikh Joaan added. His Excellency said that QOC has always provided all possible support to the Olympic Movement by hosting numerous events, and programs to promote the Olympic principles and spirit. He expressed his delight at the large number of delegates representing the National Olympic Committees, the International Olympic Committee, the International sports federations and the Organizing Committees for the tournaments that were in attendance at the General Assembly to discuss several issues affecting the Olympic Movement since the last Assembly. HE Sheikh Joaan bin Hamad al-Thani added that as Arabs, Oataris believe in the principles of love, peace and respect for one another underpinning the Olympic philosophy.

"The philosophy of the Olympic movement are values that inspire us and they are consistent with our true desire to live together, in harmony and love with all peoples of the world irrespective of cultures and races, « said HE Sheikh Joaan.

"As people aspire to be better, aspiring to change themselves and their lives in a positive way that preserves their identity and interacts with other cultures, we find ourselves integrated with that Olympic philosophy of combining sport with health and joy of life, culture and education which fosters awareness and development of ideas. I once again welcome every delegate and I hope that the work of this General Assembly will be a success and that the Committees and all members of the Olympic family will continue their successful efforts to develop the Olympic Movement in the world,» HE Sheikh Joaan bin Hamad al -Thani concluded.

The assembly, which was opened by ANOC Acting President Robin Mitchell, also saw HE the Assistant Chief of the Amiri Diwan and former QOC Secretary-General Sheikh Saoud bin Abdulrahman al-Thani receiving an ANOC Order of Merit award.

Mitchell, in his opening remarks, thanked the State of Qatar and the QOC for their warm hospitality and the excellent hosting of the ANOC World Beach Games and the General Assembly. The General Assembly decided that Mitchell will continue as the acting president of ANOC. Addressing the ANOC General Assembly, the IOC President Thomas Bach, said, «This year we are also celebrating the 125th anniversary of the IOC which was founded by Pierre de Coubertin in 1894 to prepare for the first modern Olympic Games for 1896, and what a change we have witnessed over time!

«In 1896, there were athletes from just 14 countries, and most of them were invited individually by the IOC to take part in the Games. Today there are 206 National Olympic Committees and we are all united despite our diversity.

"This shows what we have accomplished in the meantime because our mission since 1894 has not changed but what has dramatically changed are the ways of accomplishing this mission, and these

ways are still changing day by day. We, therefore, have to keep changing. "Maybe it's a good moment, just one year before Tokyo, to think about this and to have a look at it from a wider perspective. The preparations for the Tokyo Games are going very well and I have nothing to add to what I said to you last year -- I have never seen an Olympic city being so well prepared, with just one year to the Games, as Tokyo already is.

"We have enjoyed broad support from all levels of government, starting from Prime Minister (Shinzo) Abe to the Tokyo Metropolitan government and all other levels of government.

"To be extremely clear, the Olympic Games are not about making money, the Olympic Games are not about maximizing revenues. The Olympic Games are there to accomplish our mission to unite the world through sport, to promote and defend our values. Money for us is just a means to achieve our mission," he concluded.







HE the Assistant Chief of the Amiri Diwan and former Qatar Olympic Committee Secretary-General Sheikh Saoud bin Abdulrahman al-Thani received an ANOC Order of Merit award from International Olympic Committee (IOC) President Thomas Bach at the 24th ANOC General Assembly in Doha, Qatar.

Sheikh Saoud thanked His Highness the Amir Sheikh Tamim bin Hamad al-Thani for the opportunity to work in the field of sports in the past.

"I thank HE Sheikh Joaan bin Hamad al-Thani, President of the Qatar Olympic Committee, for the nomination for this honour and I want also to thank Jassim al-Buenain, Secretary-General of the QOC," he said.

"This success has been achieved thanks to the support of God and the great support given by the State of Qatar to sports and youth sector."



Sheikh Saud bin Ali al-Thani re-elected as FIBA Asia President

The Asian Basketball Federation (FIBA Asia) has re-elected HE the Qatar Olympic Committee First Vice-President Sheikh Saud bin Ali al-Thani as FIBA Asia President for the period 2019-2023.

During the continental meeting held in Bengaluru, India, the FIBA Asia council was formed. It comprises HE Sheikh Saud bin Ali al-Thani as President, Yao Ming (China) as Executive Board Chairman, Akram Halabi (Lebanon) as first Vicepresident, Alfredo Panlilo (Philippines) as second Vice-president, Salem al-Motawa (UAE) as Gulf region Representative, Galal Nagrash (Syria) as West Asian region Representative, Abhijit Sarkar (India) as Finance Committee Chairman and Ko Lan (Hong-Kong) as Executive Board Member.

The 2014-2019 FIBA Asia Assembly Report was presented to the Congress and highlighted the key achievements and the strategic plans for the term 2019-2023.



Qatar's showjumping team qualify for Tokyo Olympics

Qatar's showjumping team qualified for the 2020 Olympics in Tokyo. This will be the second successive time that a Qatari equestrianism team will be going to the Summer Games, after they had done so in Rio 2016.

Qatar finished second in the Morocco Royal Tour Nations Cup in Rabat, which was a Tokyo Olympics qualifying event. Qatar's squad included Sheikh Ali al-Thani, Bassem Mohamed, Hamad Nasser al-Qadi, Rashid Towaim Ali al-Marri and Hamad bin Ali al-Attiyah.

Qatar finished with a cumulative time of 239.40 and 238.45secs, with the best three scores of the riders making up the tally. Sheikh Ali, astride his gelding Sirocco, was the fastest rider among his teammates, finishing his round in 77.43 seconds.

The Qatar Equestrian Federation (QEF) and Asian Equestrian Federation President Hamad Abdulrahman al-Attiyah

congratulated the Qatari riders on their achievement.

"I dedicate this achievement to HH the Amir, HH the Father Amir and HE President of the Qatar Olympic Committee Sheikh Joaan bin Hamad al-Thani for their support to Qatari equestrian sport," said al-Attiyah.

"We will now turn the focus on preparing our riders to deliver an exceptional show at the Tokyo 2020 Olympic Games. Our athletes will continue their training camps in Europe ahead of their participation in the Olympics," he added.

The Qatari showjumping team participated in the Olympics for the first time at Rio 2016, where Sheikh Ali bin Khalid al-Thani took the sixth place in a pulsating jump-off. Sheikh Ali was one of 13 riders who finished the first jump-off without penalties.

On the road the road to Tokyo

With the Summer Olympics edging closer, Qatar's athletics champions stepped up their preparations for their greatest challenge after an exceptional 2018-2019 season. Qatar's Mutaz Barshim, Abderrahman Samba and Abubaker Hayder have already qualified for Tokyo 2020

Hayder was the first Qatari athlete to qualify for the Olympics when he surpassed the qualification time of 1:45.20 with a 1:44.82 run at the IAAF Diamond League meet in Doha.

Haydar's qualification reflects his technical and physical development as an athlete. Haydar, who also claimed a gold medal at the Asian Athletics Championships held in Doha in April 2019, was delighted after securing his spot at Tokyo 2020, stressing that participation in the Olympics is a dream for every Qatari athlete.

"I'm confident that I can accomplish more at both the continental and world levels in the light of great support I enjoy from Qatar's sports authorities," he said.





Samba aims high at Tokyo Olympics

For his part, Team Qatar's Abderrahman Samba proved his merit as one of the best runners in 400m hurdles as he secured his spot at the Tokyo 2020 Olympics when he took first spot at the Shanghai Diamond League in a time of 47:27 seconds.

Then he suffered an injury during his preparation for the IAAF World Athletics Championships, Doha 2019. However, with his commitment, Samba was able to return in time to win Qatar's first medal at the Doha Worlds when he finished third in men's 400m hurdles event behind Karsten Warholm of Norway and Rai Benjamin of the US.

"It is an incredible feeling," said Samba. "I got the injury before the London Diamond League meeting where I was meant to race the 400m flat — a muscle in my back. It was expected to take 10 to 12 weeks to recover but luckily in nine weeks I recovered and was able to win this medal. I consider this a big achievement."

Barshim ready for Tokyo 2020 Olympics

Staying true to expectations, Team Qatar's Mutaz Barshim kept his promise and qualified for the 2020 Tokyo Olympics when he claimed the men's high jump gold at the IAAF World Athletics Championships, Doha 2019 to retain his title.

Barshim won gold after a career-threatening injury had kept him away from sporting action for more than 10 months. Barshim, who claimed bronze at the 2012 London Olympics and a silver at Rio 2016, is now ready to sparkle in Tokyo. With his international experience and a personal best of 2.43m - two centimeters short of the world record held by Cuban legend Javier Sotomayor (2:45m) since 1993, Barshim is the favourite to win gold.

"I am really happy, it feels amazing, it feels great," said Barshim, stressing that the gold medal will only boost his motivation ahead of the next season.





Team Qatar claim 5 medals at Asian Shotgun Championships

Qatar's shooting team claimed 5 medals including three gold at the 9th Asian Shotgun Championships held in Almaty, Kazakhstan, from September 20-30, 2019.

Qatar's Hamad al-Marri claimed gold in men's Double Trap event, and he then joined compatriots Rashed al-Athba and Masoud al-Athba to also win the team gold.

Rashed al-Athba also won the individual skeet bronze, besides the team skeet silver with Masoud al-Athba and Abdulaziz Saleh al-Attiyah.





Fares Ebrahim wins two silver medals in World Weightlifting

Qatar's Fares Ebrahim claimed two silver medals in a gripping men's 96kg category at the International IWF World Weightlifting Championships held in Pattaya, Thailand, from September 12-27, 2019, with the participation of 107 athletes from 75 countries.

Ebrahim won his first silver medal in Clean and Jerk event when he lifted 224 kg to finish second behind China's Tian Tao.

He later clinched his second silver with a total lift of 402 kg after clearing 178 kg in the Snatch event.

Iran's Mousaavi Jarahi claimed bronze in Clean and Jerk with 216 kg while Georgia's Anton Pliesnoi took the bronze with a total lift of 394kg.

This is a significant qualifying event for Tokyo 2020 with the points going towards the Olympic ranking list. The Pattaya event is a Gold Level competition and the performance is bound to have a significant bearing on athletes making it to Tokyo as per the new qualification norms.

The qualification process for Tokyo 2020 is based on the performances of the weightlifters in six events over a period of 18 months out of which the four best results will be considered.





Qatar qualify for AFC U-16 Championship

Qatar boys saved their best for last to thrash Bhutan 11-0 and edge Yemen on goal difference as they emerged Group E winners in the AFC U-16 Championship 2020 Qualifiers.

Rashid Abdulaziz al-Abdulla opened the scoring with an eighth-minute goal, and then followed penalty conversions from Mubarak Shanan Hamza (36th) and Mohamed Salem al-Quraishi (44th), before Qatar flexed their muscles in the second half to seal an emphatic win.

Abdulaziz Fahad al-Naimi and captain Mahdi Salem al-Mejaba found the back of the net in the 49th and 53rd minutes respectively.

Al-Quraishi scored his second four minutes later, while al-Abdulla completed his hattrick with back-to-back goals in the 65th and 68th minutes.

Defender Hassan Mohamed al-Ghareeb got into the goals coring action five minutes later, before Mubarak scored from the penalty spot in the 88th minute. Substitute Abdulrahman al-Dosari's goal three minutes into injury time ensured the 1990 champions of their 11th appearance in the Finals.

Qatar led the standings of the group with 7 points ahead of Yemen in the second place.

The event brought together 47 teams with 15 spots, in total, available for the 2020 Finals. The hosts earn automatic entry.

Team Qatar claim two bronze medals in Asian Age Group Aquatics

Qatar's diving team claimed two bronze medals at the 10th Asian Age Group Aquatics held in Bengaluru, India. Mohammed Shweiter, who had won silver in the 2017 edition, took a bronze medal in the 10m diving event, after combining with colleague Abdulaziz Balghith for a bronze in doubles diving. Qatar' swimming team, including Waleed Daloul, Abdulaziz al-Obaidli, Omar Ashraf, Yousef Ashraf, Kareem Salah, Tamim al-Hamayda, Abdullah al-Ghamri, Ibrahim al-Hilal and Saif al-Borashid, also participated in the event.







Team Qatar win goalball gold at West Asian Paralympic Games

Qatari goalball team claimed the gold medal at the 2019 West Asian Paralympic Games after beating Iraq 9-7 in the final. The 2019 edition was held in Amman, Jordan, and brought together athletes from 12 nations including Qatar, Kuwait, Lebanon, Saudi Arabia, Syria, Iraq, Oman, Palestine, Yemen, UAE, Bahrain and hosts Jordan.

Qatar's squad included Mohammed Hamam, Hassam al-Kohaji, Abbad al-Shemali, Abdullah Bo Falasa, Abdulhadi al-Marri and Mohammed al-Kahlout. On the other hand, Qatar's Sarah Masoud claimed gold in the Shot Put event and silver in discus throw.

Abdulrahman Abdulqader clinched the silver medal in Shot Put and bronze in Javelin throw.





Qatar book spot in Asian Volleyball Olympic Qualification Tournament

Qatari volleyball team finished ninth in the 2019 Asian Senior Men's Volleyball Championship to qualify for AVC Men's Continental Olympic Qualification Tournament.

In their final placement match, they defeated Kazakhstan 3-0. Iran, Australia, Chinese Taipei, India, South Korea, Pakistan and China also reached the Qualification Tournament to be held in Jiangmen, China, from January 7 to 12, 2020.

In the first round, Qatar finished third in their group after losing to Australia and Iran, and beating Sri Lanka. In the second round, Qatar defeated Oman and lost to Kazakhstan to lead their group.

In the placement round, Qatar edged past Indonesia before beating Kazakhstan to secure their spot in the AVC Men's Continental Olympic Qualification Tournament.



Qatar shine at GCC Aquatics Championships

The Qatari swimming team claimed the title for junior competitions at the 27th GCC Aquatics Championships in Kuwait recently.

Qatar claimed 34 medals including 17 gold medals, 10 silver medals and 7 bronze medals.

Qatar's Abdullah Ahmed was selected as the best swimmer in the 11-12 years category.

In the men's events, Qatar won 9 medals including 7 gold medals, one silver and one bronze.

Tamim Mohammed also claimed 3 medals at the Arab age groups swimming championships held in Morocco with the participation of 250 swimmers.

Tamim won the 50m and 100m butterfly events and finished runner up in the 50m freestyle event.





Team Qatar win three medals in West Asian Men's Squash Tournament

The Qatari men's squash team claimed three medals in the 2019 edition of West Asian Championship held in Tehran, Iran.

Qatar's Abdullah al-Tamimi claimed the singles title after beating Iran's Sajad Zareian 3-0 in the final match to become the first Qatari player to win this event, while Syed Amjad claimed bronze.

In the team event, the Qatari men's team clinched the silver medal after reaching the final following victories over Iraq and Kuwait.



Qatar win 5th Asian Beach Handball title in a row

Qatar won the 7th Asian Beach Handball Championship after beating their traditional rivals Oman 2-0 (12-8, 16-14) in a closely-fought final in the Chinese city of Weihai.

Qatar had earlier won titles in 2011, 2013, 2015 and 2017 to become the most successful team in the tournament's history and interestingly, Oman were the runners-up in all four of those finals. Earlier in the semi-finals, Qatar beat Iran 2-0 (20-14, 16-10) to reach the final.

The championship in China served as a qualifier for both the 2019 ANOC World Beach Games in Qatar and the 2020 IHF Men's and Women's Beach Handball Championships to be held in Italy.

Qatar's squad included Mohamed Obaidi, Anadin Suljakovic, Sayyed Kenawi, Motasem Abdulwahed, Hani Kakhi, Mahmoud Hasaballah, Abdulrazaq Murad, Amer Danger, Anis Zouaoui and Mohammed Hassan Zaki.





Qatar Olympic Committee Celebrates its 40th Anniversary

The Qatar Olympic Committee (QOC) recently celebrated its 40th Anniversary with a landmark ceremony that had in attendance HH Sheikh Abdullah bin Khalifa Al Thani, HE Sheikh Abdullah bin Nasser bin Khalifa Al Thani, Prime Minister and Minister of Interior and HE Sheikh Joaan bin Hamad Al Thani, President of Oatar Olympic Committee

.

The ceremony started with a brief film to highlight QOC's career and achievements over the past 40 years.

In his welcoming speech, HE President of QOC Sheikh Joaan bin Hamad Al-Thani welcomed the guests, pointing that the founding of QOC has contributed to drawing the sports development route in the State of Qatar, thanks to the efforts made by HH the Father Amir Sheikh Hamad bin Khalifa Al-Thani, who announced founding the QOC on March 14, 1979.

"Since that day, sports in Qatar have been steadily advancing under the leadership of its presidents who lead the Qatari sports movement and undertook the continuation of its march with confidence, competence and efficiency that have had a great impact on the development of the Olympic movement, followed by an important milestone when HH the Amir Sheikh Tamim bin Hamad Al-Thani. assumed the Presidency of Qatar Olympic Committee in December 2000, which marked a turning point in the history of Qatari sport," said HE Sheikh Joaan. "Doha has become beacon of pride, thanks to the guidance and directives of HH the Amir, who has established

Qatar's status globally, and made sport one of the important factors in the pillars of sustainable development of the country," His Excellency added, praising the efforts of the champions, who exerted their efforts over the past decades, and achieved the best continental and international achievements that has put Qatar in its current leading position in sport.

HE Sheikh Joaan bin Hamad Al-Thani went on saying: "Over 40 years, the Qatar Olympic Committee has made accomplishments in various fields and at all levels. QOC has made a quantum leap in sports work and has had an active presence in continental and international forums and in various sports events and competitions in which Qatari athletes participated and won several titles and medals".

HE the QOC President said that with the outstanding presence of the State of Qatar, the great development of its sports infrastructure, and the world-class sports facilities, Doha has deserved to be named the capital of sport, as it organized major international tournaments that strengthened the sporting status of the State of Qatar. In addition, QOC has received numerous accolades and awards in various sectors and has instilled a number of concepts through slogans such as Sports for Life, he added.

HE Sheikh Joaan bin Hamad Al-Thani concluded his speech affirming QOC's keenness and commitment to achieving the objectives of promoting and developing the Olympic Movement in Qatar and developing it in accordance with the Olympic Charter in addition to advancing with its strategy in support of the Qatar National Vision 2030.

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HE Sheikh Joaan bin Hamad Al-Thani QOC President First QOC President, first QOC Board and former QOC Secretary Generals honored in the ceremony:

HE QOC President Sheikh Joaan bin Hamad Al-Thani honored HH Sheikh Abdullah bin Khalifa Al-Thani as the first QOC President.

HE Sheikh Mohammed bin Fahad Al-Thani was also honored as the former QOC President from December 11, 1993 to June 4, 1995, as well as a number of senior athletes and former QOC Secretary Generals. These included Mohammed bin Humam Al Abdulla, Yousef Ahmed Al Sa'ai, Rashed bin Haseen Al Nuaimi, Dahlan|umaan Al Hamad, HE Sheikh Saud bin Ali Al-Thani, HE Dr. Thani bin Abdulrahman Al Kuwari and HE Sheikh Saoud bin Abdulrahman Al-Thani. It is worth mentioning that, six presidents assumed the post of president of QOC since the governing sport body was founded, HH Sheikh Abdullah bin Khalifa Al-Thani was the first QOC President, followed by HE Mohammed bin Khalid Al Thani, HE Mohammed bin Fahad Al Thani, Saoud bin Khalid Al Thani, HH Sheikh Tamim bin Hamad Al Thani and HE Sheikh Joaan bin Hamad, the current QOC President.

The awardees also included the first Qatari winner of an Olympic medal Mohammed Sulaiman, Paralympics Rio 2016 winner Abdulrahman Abdulqadir and Paralympics Rio 2016 winner Sarah Masoud.

Jassim Al Buenain: we have cumulative experience in sport development field: HE QOC's Secretary General Jassim bin Rashid Al Buenain expressed delight for meeting the awardees on the occasion of the 40th anniversary of the committee. His Excellency said with this day, QOC has completed 40 years, which is a path that witnessed many proud sporting achievements, due to the outstanding role it has played since its inception in promoting the Olympic Movement and in all kinds of sports, and hosting many of events and major sports tournaments that made Oatar the capital of sport.

He said the occasion celebrates the ongoing successes and developments the committee has had in accumulating experience towards achieving sustainable sports development.

His Excellency then expressed his thanks and appreciation to all former QOC staff since its inception in 1979 to this day.

The celebration of the 40th anniversary of QOC included a discussion panel with the participation of HE QOC President Sheikh Joaan bin Hamad Al-Thani, HE Sheikh Saoud bin Abdulrahman Al-Thani former QOC secretary general and Qatar's Ambassador to Germany, Dahlan Jumaan Al Hamad IAAF vice president, HE Dr. Thani bin Abdulrahman Al Kuwari second vice president of QOC and deputy chairman of Asian Olympic council and HE QOC's Secretary General Jassim bin Rashid Al Buenain.

QOC and Ministry of Education and **Higher Education** celebrate National **Sports Day**



The State of Qatar has become a world pioneer by allocating a holiday dedicated to sport in reflection of the immense belief of the country's wise leadership in the significant role of sport in shaping lives and personalities, besides its status as one of key pillars of Qatar National Vision 2030.

In a demonstration of the country's commitment to marking the National Sports Day, the Qatar Olympic Committee (QOC) marked the day on February 12 in a festive occasion with a celebration attended by QOC President HE Sheikh Joaan bin Hamad Al-Thani and HE Minister of Education and Higher Education Dr. Mohammed Abdul Wahed Al Hammadi, HE OOC Second Vice- President Dr. Thani bin Abdurrahman Al Kuwari, Undersecretary of Ministry of Education and Higher Education Dr. Ibrahim bin Saleh Al Nuaimi, HE QOC Secretary General Jassim bin Rashid Al Buenain, Qatar Olympic medallist Mutaz Barshim and the national football team squad, winners of the 2019 AFC Asian Cup.

The event was a collaboration between QOC and the Ministry of Education and Higher Education and it took place at Al Yarmouk Preparatory School. The occasion brought together sport federations, families and some 600 students from fifth to ninth grades, including 20 students with disabilities.

Among the national teams and federations participating in the celebration of National Sports Day were the taekwondo and judo national teams, Qatar Golf Association, Qatar Volleyball Association, Qatar Tennis, Squash and Badminton Federation, Qatar Fencing Federation and Qatar Swimming Association.

The event reflected the long-standing cooperation between QOC and Ministry of Education and Higher Education. The partnership resulted in several programs and projects, nurtured school sports and discovered talents. Among the joint programs are School Olympic Program and





Sport Federations organize multiple activities

The sport federations staged performances at the Cultural Village Foundation to mark the National Sport Day. In addition, public members from different age groups competed in weightlifting, boxing, and wrestling in the presence of Team Qatar players and wrestlers Shareef Badr and Abdulrahman Ibrahim.

In another show, Qatar fencers carried out an impressive performance to introduce the public to fencing. Likewise, Qatar Athletics Federation, in collaboration with the Ministry of Municipality and Environment, organized competitions for children aged 8-12 years old. Qatar Basketball Federation also made a presentation about the game, allowing the public to throw the ball into the basket.

The taekwondo, judo and karate federations had a unique event at Katara that involved many young club and academy players as well as children who practiced martial arts.

Qatar Golf Association, meanwhile, organized a mini golf at Katara Beach throughout the day, while Qatar Cycling and Triathlon Federation held an all-day aquathlon swimming at Katara Corniche.



Aspire Academy and Qatar Olympic Academy ink MoU to promote Olympic Education & sports

Aspire Academy and Qatar Olympic Academy signed a Memorandum of Understanding (MoU) to enhance the standards of their administrative and technical staff, and also of the students in the field of Olympic education and sports.

Both organizations will cooperate to develop coaches, experts and specialists in sports, physical education and applied sciences, through the implementation of a series of programs.

The two organizations will also conduct workshops and programs in sports culture and Olympic movement for students and administrators of Aspire Academy. Also, Aspire Academy can benefit from various sports department programs offered by the Qatar Olympic Academy and obtain international certificates accredited by the International Olympic Committee.

wonderful time when Qatar is celebrating the achievements of Mutaz Barshim and Abderrahman Samba in the IAAF Athletics World Championships, Doha 2019. Our objective is to be always connected to all sport organizations in Qatar and we always say that they should use us as much as possible to do everything from working with young kids starting in sports, to elite training and coaching training among other things," said Saif Mohammed al-Nuaimi, Executive Director of Qatar Olympic Academy.

Al-Nuaimi added: "We are very proud today to sign this important Memorandum of Understanding with Aspire Academy which is a leading academy in the field of Sports in Qatar, based on its crucial role in student-athlete development for all national teams in different sports. "This agreement will help us implement educative and instructive workshops that

will help the academy student-athletes and staff, as well as programs tailored for Aspire Academy which will reflect positively on the sports scene in Qatar.

"Aspire Academy is a shining example in the world of sports through its graduates, whose achievements have made the country proud. We, at the QOA, are very delighted today to be able to finalize this agreement with Aspire Academy that will unify efforts between our two academies in developing Qatari athletes. And we will work hard to put forward important programs that benefit our student-athletes who will represent the country in international big events."

Ivan Bravo, Director General of Aspire Academy, said: "The Qatar Olympic Committee has always been very supportive to us and I think that now bringing the Qatar Olympic Academy into play gives us a platform where they can help us and we can help them.

"As we always do at Aspire, we are focusing on the development of people and that includes coaching, sport science, physiology, analytics and also some pathways for our young athletes to be at some point connected to the Qatar Olympic Committee"



QOC organizes first **Padel Tournament**

The Qatar Olympic Committee (QOC) organized the first edition of its Padel Tournament from October 18-20, 2019. The QOC Secretary General HE Jassim Rashid al-Buenain honored the winners.

The medal ceremony was attended by Director of the QOC Sport Affairs Department Khalil al-Jaber and Secretary General of the Qatar Tennis, Squash and Badminton Federation (QTSBF) Tariq Zainal.

Al-Jaber thanked the QTSBF officials for their efforts to promote padel in the State of Qatar and stressed that the inaugural edition of the QOC Padel Tournament proved a huge success, bringing together more than 96 players.

Head of the QOC Activities and Program Support Unit, Abdulaziz Ghanim, said that the QOC organized the inaugural Padel Tournament in the light of its efforts to increase community engagement in sport and entertainment activities.

QOC Celebrates the World Challenge Day

The Qatar Olympic Committee (QOC) celebrated the seventh edition of the World Challenge Day, held annually under the umbrella of TAFISA -- The Association For International Sport for All.

The QOC, through its Sport Affairs
Department, organized the event at the Al
Tamakon School, which was attended by
a large number of students, who enjoyed
various sports activities and attended
a valuable lecture on health education
presented by the Qatar Cancer Society.

Supervisor of the event, Afra al-Sada, said the World Challenge Day aims to raise awareness about sport's vital role in improving public health.

She added that the QOC has decided to give people with special needs a chance to participate in this year's World Challenge Day. She highly appreciated the involvement of the students of Al Tamakon School with the events, and thanked the school for its cooperation with the QOC in celebrating the important day.

Advisor and acting principal of Al Tamakon School, Nidal Abdel Qader, said that organizing the event at the school in cooperation with QOC comes in the context of the school's mission to promote the integration of people with special needs and the cooperation with various institutions in the country.



He lauded QOC's keenness to organize the annual World Challenge Day, under TAFISA's umbrella, to highlight the importance of sports across all strata of society, including those with special needs.





QOC celebrates Olympic Day 2019

The Sport Affairs Department of the Qatar Olympic Committee (QOC), in partnership with the Qatar Swimming Association (QSA) and Qatar University (QU), organized the seventh edition of Swimming For All Tournament at Hamad Aquatics Complex.

QOC, as the governing Olympic body in the country, staged the event to mark the IOC's 125th Anniversary which fell on June 23.

The event brought together 130 participants from three age groups, U-17, U-23, and 24 and over, to compete in three disciplines: 50m freestyle, 100m freestyle and 4x50m freestyle.

Accredited referees from the QSA managed the competitions based on FINA's refereeing system.

In the U-17 category, Mohammed al-Masri clinched the first place, Abdulaziz al-Obaidly seized the runner-up position, while the third place went to Faras Saify. In the U-23 category, Malasovic won the first place ahead of Waleed Daloul, while Marwan took the third place.

In 24 and above category, Justin Cortez won the event, Mostafa Mostafa finished second and Ahmed Ghaith Attari clinched the third place.

Khalil Ibrahim al-Jaber, Director of Sport Affairs Department, honored the winners, amid the attendance of QSF staff and the employees of QOC's Sport Affairs Department.

Overwhelming success of QOC Electronic Games

The Qatar Olympic Committee (QOC) organized the 13th edition of the Electronic Games Tournament (FIFA 2019) at Sports Corner in Tawar Mall in Doha

In the senior category, Yousef al-Darwish won the first place, while the second place went to Rashid Abdurrahman. Jassim al-Eid clinched the third place. In the junior category, Tamim Ibrahim al-Hour won the first place, while Ahmed Alaa El Deen secured the second place. The third place went to Abdurrahman Emad.

Khaleel al-Jaber, Director of Sport Affairs Department at QOC; Jaber Saleh al-Mosallem, Chairman of The Blue Group; Nasser al-Mudahka, Head of sport activities and programs section at the QOC; and Barbaros Akyildiz, Managing Director of The Blue Group, crowned the winners.

The 13th edition of the event saw a massive turnout of some 160 players. The QOC organizes the electronic games tournament every year as part of its efforts to increase participation in sport and entertainment activities. The first edition of the tournament was held in 2007.

HH Sheikh Abdullah bin Khalifa Al Thani,

First President of the Qatar Olympic Committee in a special interview with "Al Adaam" Magazine:





HH Sheikh Abdullah bin Khalifa Al Thani witnessed the most important period in history of the Qatar Olympic Committee (QOC), especially since it was the first period after the foundation of the QOC 40 years ago. He was the first president of the QOC at a time when Qatar was laying the first foundation stone of its sports development. As time and years have passed, everyone around the world have been talking about Qatar's massive sports boom in terms of the results and tournaments it used to host year after year. Qatar has been able, through good planning from the outset, to occupy a prominent place on the sports map.

Today, as we celebrate the QOC 40th anniversary, the first edition of Al-Adaam magazine had the opportunity to hold this special interview with His Highness Sheikh Abdullah bin Khalifa Al Thani in which we focused lights on a very important stage in the history of sport in Qatar. HH Sheikh Abdullah also revealed his view on sport and athletes in general.

Tell us how the Qatari sport was like during your term as president of the QOC?

The foundation of the QOC came as a result of the efforts and directives of HH the Father Amir Sheikh Hamad bin Khalifa Al Thani who was President of the Supreme Council for Youth Welfare in the seventies. I was appointed as a

president of the QOC in 1979 and at this period, we began laying the foundation stones for the development of sport in the state of Qatar. The QOC began with six sports federations, then the other federations followed and thanks to the efforts of everyone, this period marked the beginning of unprecedented achievements for Qatari sports as Qatar claimed the second place at the FIFA World Youth Cup in Australia in 1981 and won its first medal in Asian Games during the 1982 edition in New Delhi, India. The Qatari Olympic teams also qualified to the 1984 Olympic Games in addition to some other achievements made by the Qatari athletes on local, regional and international levels.

QOC foundation

How did the process of making the Qatari sports history begin?

The QOC began its history in March 14, 1979 when HH the Father Amir Sheikh Hamad bin Khalifa Al Thani, then President of the Supreme Council for Youth Welfare, issued a decree appointing presidents of the sports federations and forming of the QOC. We began our work immediately by forming the board of directors and by preparing the plans to reach our goals. We are satisfied with the efforts we have made and with our contribution to the achievements accomplished by the Qatari athletes. The first period witnessed the participation

of many national teams in continental and international tournaments. Many accomplishments have been achieved in various events thanks to the efforts of the federations and athletes. In addition, the Qatari officials have assumed leading positions in Gulf and Asian federations in a new evidence on the exceptional abilities of our sports leaders.

Developing the Qatari sport

What are the foundations set up to help the Qatari sport reach higher levels in the future?

Since its foundation, the QOC was keen

to develop the Qatari sport by supporting

the existing federations which presidents were appointed as members in the OOC including football, basketball, volleyball, handball, athletics, equestrian and shooting federations. Later on, some new federations for Olympic sports were announced and they helped the Qatari athletes add to our outstanding record of achievements. The state of Qatar also began building new sports facilities to help the federations host international tournaments. So we have reached this stage where we now see the State of Qatar occupying a prestigious position globally where sport has become one of the main pillars of the Qatar National Vision 2030.

No difficulties

How did the QOC succeed many years ago in overcoming many of the difficulties facing the process of setting up the foundations for developing sport in Qatar?

The QOC did not face many difficulties in light of the great support it received from the wise leadership, which directly contributed to overcoming the obstacles on our way to achieve the desired objectives to develop Qatari sport.

Commitment to Olympic charter To what extent was the QOC was keen to comply with the Olympic Charter?

The commitment to Olympic Charter and promoting its principles in the country was one of the main goals of the QOC because we believe in the values and importance of the Olympic Movement and its positive impact on athletes around the world. Therefore, we were keen to comply with the Olympic Charter as sport is one of main tools of working as per the international systems.







Athletes achievements

Who were the most prominent athletes who left positive impact on Qatari sport during your term as the QOC President?

There were so many athletes who have made huge achievements that will not be forgotten. The most prominent of them was Talal Mansour, the fastest Gulf, Asian and Arab runner for 12 years who won the gold medal of the 100m event in three consecutive Asian Games (1986-1990-1994), in addition to Mansour Muftah, Qatar's top scorer for nine seasons and other athletes who have contributed to the development of Qatari sport. The Qatari teams also qualified for the Olympic Games in Los Angeles and Seoul, so their accomplishments will remain in the memory as role model for future generations.

A bright future for our sport Far from the past, how do you see the future of Qatari sport in the light of the current big boom?

I believe that the Qatari sport has a bright future under our wise leadership represented in HH the Amir Sheikh Tamim bin Hamad Al Thani and in lights of the great attention paid to sport and the efforts made by all institutions, federations and sports clubs. The sports achievements over the years, the most recent of which was winning a number of Asian and Olympic medals in various games and claiming the title of AFC Asian Cup 2019, reflect the development of Qatari sport.

Proud of hosting the world cup How do you feel as a Qatari citizen with 2022 FIFA World Cup edging closer?

Of course, I'm proud like all the Qatari citizens and all those who are living in this country that Qatar will host the 2022 FIFA World Cup as the event will be held in an Arab country for the first time. This achievement, as HH the Father Amir Sheikh Hamad bin Khalifa Al Thani said, is an achievement for all the Arab nations. For his part, HH the Amir Sheikh Tamim in Hamad Al Thani was keen when he received the hosting mantle to welcome the whole world in the name of all Arab countries.

Fathers and grandfathers sport

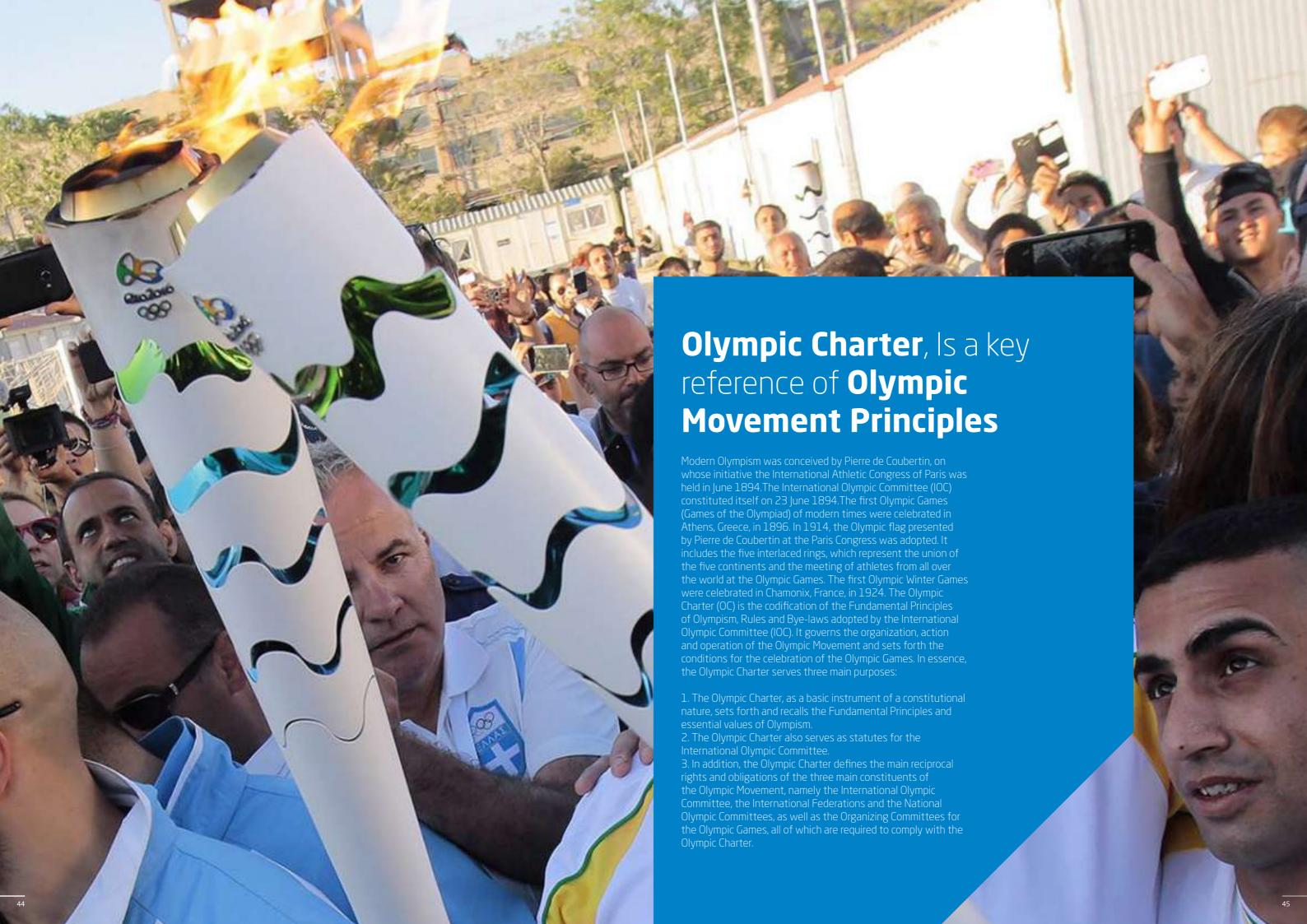
You have shown a huge attention to sport as an athlete and as an owner of camels and horses...so, how do you evaluate the development of camel races and equestrian in Qatar? And to what extent has the State of Qatar succeeded in benefiting from sponsoring for foreign races in promoting for Qatari equestrian on the international level?

Equestrian and camel races have a special place in our heritage as they are the sports of our fathers and grandfathers. The sports officials have shown a great attention to these sports by supporting their competitions. Through Umm Qarn Farm, we were able to win a lot of local and international equestrian titles as we are also keen on the quality production of

horses which Umm Qarn Farm is famous for. As for the success of the country in sponsoring the international races, I think that our successes are crystal clear as Qatar has sponsored Prix de l'Arc de Triomphe, which is one of the most important horse races in the world, for more than 10 years. Qatar also agreed to sponsor Goodwood Festival (Qatar Goodwood) which is held at Goodwood arena in the United Kingdom for 5 years. This success has put Qatar on the international equestrian map as our contributions haven't gone unnoticed.

A message for Qatari athletes What is your message for the Qatari athletes based on your experience?

The Qatari athletes are the role models in their commitment to raise high Qatar's flag and name in all tournaments, if there is a word I have to say to them, I would say "You are the best ambassadors of Qatar and we expect a lot from you at the upcoming events. We are confident that you are able to achieve the accomplishments that reflect the develop of sport in the state of Qatar.



Mohamed Suleiman, winner of the 1st Qatari Olympic Medal

In Barcelona, I was reborn The Father Amir said to me: **Your Medal is** the Best in Qatar **History**

Mohamed Suleiman is a big name in Qatari sport! He had won the first Olympic medal for Qatar it the 1500m race in the 1992 Barcelona Olympic Games. He engraved his name forever among glorious athletes in two disciplines: the 1500m and the 5000m and became one of the icons of Qatari Sport after competing with the best in those Olympics to win a bronze medal. That was the start of a series of achievements from his part. Qatar had to wait another 20 years before adding a second medal in Athletics to its record, when Moataz Barshim won the bronze medal of the High lump contest at the 2012 London Olympics.

Mohamed Suleiman won another 5 medals in the Asian Games editions, which nobody else managed to achieve. We review with the Qatari champion some of the best moments of his career.

Let us start with the ceremony where you received an award on the 40th anniversary of the Oatar **Olympic Committee!**

I feel honored for receiving this award. I would like to thank HE Sheikh Joaan Bin Hamad Al Thani, President of the Qatar Olympic Committee. I see this award as an honor for me, for my colleagues and for my generation. Our generation gave a lot and achieved a lot for Qatar. I am pleased with this gesture of recognition, which came 27 years after I won the first Olympic medal for Qatar in the Barcelona Olympic Games.

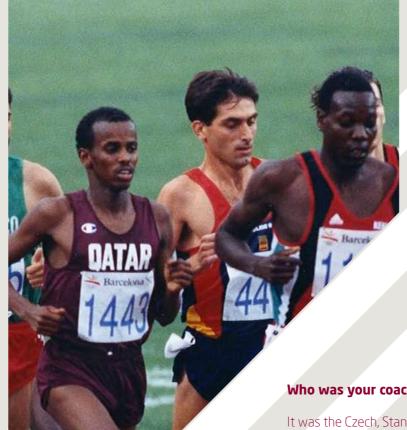
Memories,

Could you remind us of the atmosphere reigning in Barcelona 1992?

Frankly, I was fully prepared to win the gold medal. I had the best time in the semi-finals 3:34.77! It was the fastest time in semi-finals history in the Olympics. I was seen as the favorite to win the gold medal. Among my rivals in that race was the favorite Algerian Noureddine Morseli who was a world and Olympic champion. The Final race was tactical and very fast in the last 400m which we ran in 49 seconds. That also was the fastest end of race in Olympic history. The Spanish runner, Firmin Cacho won the gold medal, while the silver medal went to the Moroccan Rashid Al Bassir and I won the bronze medal.

How did you feel after winning that bronze medal?

It was something that I cannot describe. I felt as if I was reborn. I was very proud of winning the first medal for Qatar in the history of the Olympics. Qatar deserves more than a bronze medal. Even a million medals won't be worth what our country gave to us. I still remember those days. I cherish what His Highness the Amir Father, Sheikh Hamad Bin Khalifa Al Thani said: "The medal of Mohamed Suleiman is the best medal for Oatar, because it will remain the first that Oatar won in the Olympics. This will never change in the memory of history."



Who was your coach at that time?

It was the Czech, Stanislav Astroble who was recruited by the Qatar Athletics Federation in 1990. I consider him as one of the Best coaches in the world at that time. I trained with him for less than two months to win 2 gold medals at the Asian Games in Beijing in the 1500m and 5000m.

What is the second-best achievement after the Olympic medal, that you are the proudest

I had a gold medal in the Intercontinental Cup the same year in Cuba, one month after the Olympics. I won against the Spanish athlete who won the gold Olympic medal. I also won five gold medals in the Asian Games, two of them in Beijing 1990 as well as a medal in the 1500m in Hiroshima. In that edition of the Asian Games, I could have won two medals, but the Japanese scheduled the two 1500m and the 5000m races on same day. I also won two gold medals in Bangkok 1998. In addition to that, I won 3 gold medals in the World Military Championships and the Military Games record is still in my name.

Do you think that Moataz Barshim can win the gold medal in the Tokyo **Olympic Games?**

I always say that Moataz Barshim is the only athlete who could beat the world record in High Jump, which belongs to the Cuban Javier Sotomayor with 2.45m. I will be very happy for him to win a gold medal in Tokyo and I wish he does that so that he would have won the three medals after the bronze in London and the silver in Rio.

Doping: A Plague Threatening Olympic Sports



Doping is and has always been a problem in sport but society in general. People resort to doping for different reasons; some are not happy with the way they look and the way others see them, while others want to impress their colleagues and the other gender. Elite athletes, however, use doping to improve their performances and increase their fame while earning comprehensive prize money

Organised sport, and generally recreational sport, is an activity governed by rules. Competitive sport, as the name indicates, is dominated by competition. People involved in doping use prohibited substances, natural or synthetic, for the main purpose of enhancing sport performance by gaining an unfair advantage, thus breaking rules that govern the sport.

Since the 1950s, sport and civil authorities have embarked on a campaign to regulate the use of drugs in sport. That was mostly to avoid health risks and fight this plague threatening Olympic sport. The International Olympic Committee (IOC) and the World Anti-Doping Agency (WADA) affirm that using performance-enhancing substances is against the "spirit of sport" and the many other values of sport. WADA, an agency that comprises representatives from the Olympic Movement and civil authorities was formed in 1999, following major

scandalous events that shook the world of cycling in the summer of 1998. It is believed that doping has been in use since the very beginning of sport activities. Many cases of unfair advantage due to the use of tricks in clothing and abnormal substances were discovered during Ancient Olympic Games in Greece. In ancient Rome, gladiators drank herbal infusions to strengthen them before chariot racing. More recently, with the advances of medicine and technology, more sophisticated forms of doping have been adopted.

In an article written for the British Journal of Sports Medicine, Rajesh Kumar said that the first doping death occurred in 1886 in cycling.

In the modern Olympic Games, doping in different forms is believed to have been practiced since the first edition. However, a famous case that had a considerable exposure was the case of the Canadian Athlete Ben Johnson at the 1988 Olympic Games in Seoul, and more recently the Russian Federation which was suspended by the IOC from competing at the Rio 2016 Olympic Games.

The latter case has divided the Olympic world with the main argument being whether the IOC should or should not have a blanket suspension of Russian athletes. IOC Executive Board, under the

leadership of President Thomas Bach, had decided to allow several Russian athletes to participate as Independent Olympic Athletes under the flag of the IOC. These athletes had gone through an exhaustive process of scrutiny to become eligible to participate.

Many Olympic sports have also suffered from recent major doping cases, most notably cycling and weightlifting. IOC works with all International sport federations to fight against this trend. To avoid getting caught taking a substance listed on WADA's banned list, many athletes are willing to test newly created substances. However, to combat this phenomenon, IOC decided to maintain blood samples for more than eight years for further testing if needed. Through this method, many athletes, some of them medal winners from Beijing 2008 and London 2012 Olympic Games, have tested positive for banned substances and had their medals retrospectively stripped and results annulled.

The fight against doping is a long-term and laborious process but one that would be guaranteeing maximum benefits for the 'clean' elite sportsmen and women who dedicate enormous amounts of time and effort to develop their skills to reach the highest levels and bring pride to their communities.



South Stadium

Its design takes inspiration from sails of a traditional dhow boats
Al Wakra Stadium ... when dream becomes reality

In the name of all Arabs, I'm looking forward to welcome everyone to 2022 FIFA World Cup Qatar ... A sentence said by HH the Amir Sheikh Tamim bin Hamad Al Thani when he received the hosting mantle of the 2022 FIFA World Cup in the ceremony held at Kremlin Palace with attendance of President of the Russian Federation Vladimir Putin and FIFA President Gianni Infantino after the 2018 FIFA World Cup.

These simple words completely reflected the vision of Qatar, which applied for the tournament in the name of all Arabs to host the first World Cup in the region and succeeded in convincing the officials of the world organization with its abilities to hold an exceptional event.

It may not be a coincidence that the construction of the South Stadium will be completed soon. The stadium, designed by the late Iraqi architect Zaha Hadid, will be the second stadium, after Khalifa International Stadium, to be completed in a clear evidence that all Arabs will host the world's most important sporting event on their own land.

Questions were coming up in the minds of everyone on December 2, 2010 when Qatar won the hosting rights of the 2022 World Cup and when it presented the designs of the world cup stadiums including the South Stadium... Will it be completed as they want? want? Will this space be turned into this fantastic building?

Between doubt and certainty, Qatar has completed its own way with a strong belief that today's dream will be a reality tomorrow.

Qatar was not following the steps of Imru' al-Qais looking for revenge but it was looking for something noble for all Arabs, that is why the late Iraqi architect Zaha Hadid left her mark in the heart of the desert and transformed this space into this attracting beauty that is standing high in the form of a stadium... It is not just a green mat to be folded after the tournament, but it looks like rain which benefits last for generations.

Let's return to the path and the number related to the South Stadium to be opened in May 2019. Situated in one of Qatar's most historic areas, the design of the South Stadium takes its inspiration from the seafaring tradition of the region, with the roof shaped to replicate the sails of a traditional dhow boat, iconic to Al Wakra's shoreline for decades. Its graceful lines and flowing curves were inspired by the sails of traditional dhow boats.





40,000 seats

The boldly futuristic shape of the 40,000 capacity arena, which will host matches through to the 2022 FIFA World CupTM quarter-finals, also mirrors the innovative, ambitious spirit of this place.

After the tournament winners have been crowned, around 20,000 seats will be removed from the ground (taking advantage of its modular design) and transported to countries in need of football infrastructure. This will not only boost the game's global reach and even enhance social development abroad, but it will also leave Al Wakrah and its beloved football club (AR) with an arena perfectly suited to local needs.

Like all the World Cup stadiums the Supreme Committee for Delivery & Legacy developed, it was planned to leave a legacy after the World Cup that is why the additional sporting facilities in the precinct surrounding the stadium included cycling and running tracks, multipurpose indoor arena, mosque, wedding hall and market were also built, bringing a tight-knit community even closer together.

This is part of the Supreme Committee's strategy to achieve the objectives of Qatar National Vision 2030 by providing a different type of sports facilities and community facilities to promote economic, social, human and environmental development.

In an interview with Al Adaam Magazine:

Prominent Qatari commentator Yousef Saif: Wait for belN Sports in FIFA 2022 World Cup

I started my career in Qatar Radio in 1975 and Qatar's match against Sao Paulo was my first assignment I will never forget our achievements in Australia, Los Angeles, Barcelona and UAE Renowned Qatari football commentator Yousef Saif said that Qatar Radio has a special place in his heart being the first stop in his celebrated career when he began his journey of commentating and presenting programs.

In an interview with Qatar Olympic Committee's (QOC) Al Adaam Magazine, Saif highlighted his beginning, the obstacles he faced and the Qatari football achievements he witnessed throughout his career.

How did you start your career?

I began commentating when Qatar was preparing to host the 4th Gulf Cup, the first time Doha hosted the tournament. As part of the country's preparations for the event, Qatar Radio said it would be recruiting new Qatari commentators for the event. I was one of the applicants who were recommended by the concerned committee, so they gave me the opportunity to commentate on a live friendly match between Qatar and Sao Paulo in preparation for the Gulf Cup. Qatar Radio has a special place in my heart. I held a number of interviews with national team players and covered their preparations for the Gulf Cup.

When did you start working for Oatar TV?

I joined Qatar TV to commentate on football matches and host other programs but my real beginning was in 1981 when I was selected to lead the Qatari media delegation for the FIFA U20 World Cup in Australia. I think my colleagues and I achieved a huge success along with the achievements of Qatar football team who ended the tournament as runners-up.

Who discovered your talent?

My childhood friends including Yousef Fakhro, Khalid Fakhro, Sultan Al Ghanim and Saad Al Ghanim discovered me as they thought I had special aptitudes. They used to tell me that I had a strong and proper voice. I have also to mention the support of some Qatari officials who helped me a lot in my career.

Difficulties and obstacles Have you faced any difficulty in commentating?

In every field you find those difficulties, and at the beginning you must face some obstacles but with self-confidence and patience, I was able to overcome the difficulties and frustrations.



matches and tournaments you have commentated on?

I am proud of every match and every championship I have commentated on. Local events such as the matches of Al Arabi, Al Sadd, Oatar SC, Al Ahli which saw my beginning were quite important. I'm also proud of commentating on national team games, especially during the FIFA U20 Championship in Australia when Qatar finished second, the 1984 Olympic Games' qualifiers when we made it for the first time to the Olympic tournament and the qualifiers for the 1992 Olympic Games in Barcelona. I will never forget our achievement when Qatar reached the final match of the U20 World Championship and recently claimed the title of the 2019 AFC Asian Cup in the United Arab Emirates.

Professional Experience: Please tell us about your professional experience with Orbit channels?

I received an offer to work with the Orbit network channels in 1994. I accepted it with the support of my bosses. I enjoyed a fascinating ten-year experience working at Orbit studios in Italy, commentated on several European events, international and GCC games. I was excited, happy with such experience as the first Qatari commentator. I also remember my colleague Khalid Al Harban who shared with me the same experience. That was so enriching for me.

Globalization of belN sports What is the secret behind the success of belN Sports?

I had the honor to commentate on the first official game broadcasted live on Al Jazeera Sport channel as it was called back then. Al Jazeera Sport was born a great network thanks to our leaders. Al Jazeera Sport developed quickly and was rebranded to belN Sports. It became a pioneer sport TV channel and I would like to say here: "Wait and see our coverage of the FIFA World Cup finals in Qatar, it will be gigantic."

Held in Berlin with a huge participation, Qatar receives applauds at Arab-German Sports Summit The Qatari sport took the centre stage during the first Arab-German sports summit held in Berlin, Germany, for two days in April 2019. The summit was attended by President of the Qatar Olympic Committee (QOC) HE Sheikh Joaan bin Hamad Al-Thani, President of International Olympic Committee (IOC) Thomas Bach, Germany's former Federal Minister of Transport, Building and Urban Development Peter Ramsauer, who is also the President of the Arab-German Chamber of Commerce and Industry, HE Ambassador of the State of Qatar in Germany HE Sheikh Saoud bin Abdulrahman Al-Thani, and Chairman of Qatar Chamber HE Sheikh Khalifa bin lassim Al-Thani.

The two-day summit highlighted the sporting achievements of Qatar. Several German officials attended the summit and were keen to recognize the development of Qatari sport on all fronts, and not just in terms of World Cup 2022 that Oatar will host. The summit was attended by representatives of Aspire, Aspetar, the Women's Sports Committee and the organizing committee of the 2019 IAAF World Athletics Championship and the 2022 FIFA World Cup. HE Sheikh Joaan addressed the attendees and stressed that the summit is a unique opportunity as some of the world's leading minds in the sports industry are coming together. "Qatar and Germany share a firm and solid common belief in the importance of sport as a key pillar of a healthy and prosperous society, and its power to foster positive change, transform and shape lives, and inspire the next generations." he said "We will continue to strive for excellence and success in sport as one of the cornerstones of Qatar's National Vision 2030." He added. QOC Secretary-General Jassim Al Buenain gave a presentation on sport in Qatar and the wonderful

successes it has achieved through the belief of leadership in the value of sport and its positive impact in society.

German World Cup Experience

In a speech at the first session, Ambassador of Qatar to Germany HE Sheikh Saoud bin Abdulrahman al Thani pointed out the importance of the AGS summit, saying, "Germany, being an exemplary leader in sport, successfully hosted the FIFA World Cup in 2006. I am confident that we have benefited from your success and applying this knowledge in our preparations for the FIFA World Cup to be hosted for the first time in the Arab World, in the State of Qatar in 2022."







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